



Health Sciences Advising Sheet

For more information about SMC Health Sciences program options please visit website:

<http://www.smc.edu/AcademicPrograms/HealthSciences/Pages/default.aspx>

OPTIONAL EXPLORATORY HEALTH CAREER COURSES AT SMC

Credit Course Options Listed under:

Health Occupations: HEALTH 61: Medical Terminology (3 units)

Professional Courses in Kinesiology/Physical Education: PRO CR 10: Introduction to Kinesiology (3 units)

Occupational Therapy: OT 1: Introduction to Occupational Therapy (2 units)

Biological Sciences: NUTR 1: Introduction to Nutrition Science (3 Units), BIOL 2: Human Biology (3 units)

Health Education: see SMC catalog for full listing

Office Technology: see SMC catalog for full listing

Non-Credit Certificate of Completion: Listed under Health-Noncredit: <https://www.smc.edu/academics/noncredit/>

Nurse Assistant Pre-Certification Training Program, Non-Credit Certificate of Completion

Home Health Aide Pre-Certification Training Program, Non-Credit Certificate of Completion

Rehabilitation Therapy Aide, Non-Credit Certificate of Completion

Introduction to Working with Older Adults Non-Credit Certificate of Completion

SMC ASSOCIATE DEGREE ALIGNED WITH HEALTH SCIENCES MAJORS

Associate of Arts General Science: <https://www.smc.edu/student-support/academic-support/transfer-center/areas-of-study/associate-degrees/associate-degrees/general-science.php>

Associate of Science Respiratory Care: <https://www.smc.edu/academics/areas-of-interest/health-and-wellness/health-sciences/resiratory-care.php>

Associate of Science Registered Nursing: <https://www.smc.edu/academics/academic-departments/health-sciences/nursing/index.php>

CAREER INFORMATION

Occupational Outlook Handbook: <https://www.bls.gov/ooh/>

Respiratory Therapists typically do the following:

- Interview and examine patients with breathing or cardiopulmonary disorders
- Consult with physicians to develop patient treatment plans
- Perform diagnostic tests, such as measuring lung capacity
- Treat patients by using a variety of methods, including chest physiotherapy and aerosol medications
- Monitor and record patients' progress
- Teach patients how to take medications and use equipment, such as ventilators

Respiratory Care Board of California: <https://www.rcb.ca.gov/>

Respiratory Care Board of California - Respiratory Care Education Programs:

https://www.rcb.ca.gov/applicants/edu_programs.shtml

Baccalaureate Degree: Respiratory Care offered at California Community Colleges:

<https://www.cccco.edu/About-Us/Chancellors-Office/Divisions/Educational-Services-and-Support/What-we-do/Curriculum-and-Instruction-Unit/Curriculum/Baccalaureate-Degree-Program>

Occupational Outlook Handbook: <https://www.bls.gov/ooh/>

Registered Nurses typically do the following:

- Assess patients' conditions
- Record patients' medical histories and symptoms
- Observe patients and record the observations
- Administer patients' medicines and treatments
- Set up plans for patients' care or contribute information to existing plans
- Consult and collaborate with doctors and other healthcare professionals
- Operate and monitor medical equipment
- Help perform diagnostic tests and analyze the results
- Teach patients and their families how to manage illnesses or injuries
- Explain what to do at home after treatment

California Board of Registered Nursing: <https://www.rn.ca.gov/>

California Board of Registered Nursing - Nursing Programs: <https://www.rn.ca.gov/education/programs.shtml>