

SMC ASSOCIATES SPRING 2023 LECTURE SERIES

MASTERS OF DANCE



03.06.23

ALYSON
MATTOON

**Banded Mobility
and Strength**

04.26.23

EMIKO
SARASWATI
SUSILO

Balinese Movement

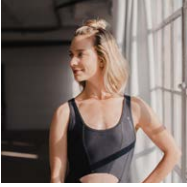
05.18.23

LAURA ANN
SMYTH

**Contemporary
Jazz Fusion**

SANTA
MONICA
COLLEGE

Associates



ALYSON MATTOON

Banded Mobility and Strength

Find out how to use resistance bands and other methods to tone up muscles in a Pilates-inspired workshop taught by Alyson (“Aly”) Mattoon. The multidisciplinary Pilates teacher and movement educator based in Los Angeles was a principal dancer for a decade with The State Street Ballet of Santa Barbara, and holds a Pilates certification through Body Arts and Science International (BASI), a BA in Performing Arts from the Saint Mary’s College LEAP program, and GYROTONIC® certification. (GYROTONIC® is a registered trademark of GYROTONIC® Sales Corp and is used with their permission).

Mon, March 6 | 10:15 a.m. | Free | Core Performance Center (CPC) 304/308



EMIKO SARASWATI SUSILO

Balinese Movement

Join Emiko Saraswati Susilo for a class that introduces the fundamental techniques and philosophy of Balinese dance, including its relationship to music and culture in Bali. A dancer/choreographer, voice actor, and musician who revels in the meeting of movement, voice, and music, Susilo has dedicated her life to nurturing intercultural communication. She is the associate director of Çudamani – where she leads international programs and programs that advance opportunities for women in Balinese performing arts – and has taught in Bali and the US and served as director and board chair for Gamelan Sekar Jaya for over 10 years.

Wed, April 26 | 10:15 a.m. | Free | Core Performance Center (CPC) 304/308



LAURA ANN SMYTH

Contemporary Jazz Fusion

Los Angeles-based dancer, choreographer, and educator Laura Ann Smyth will lead a class on rhythm-driven movement that honors African American vernacular jazz roots while sampling contemporary dance practices, and pushes participants to perform, find musical precision, and experience the joy of storytelling through movement. Smyth – a member of Donna Sternberg & Dancers and of JazzAntiqua Dance & Music Ensemble – is a full-time faculty member at Loyola Marymount University and currently a PhD Candidate in dance at Texas Woman’s University, where her scholarship focuses on the intersection of Black jazz-informed dance practices and embodied rhetoric.

Thu, May 18 | 12:30 p.m. | Free | Core Performance Center (CPC) 304/308

Sponsored by the SMC Associates and SMC Dance Department.

♿ If you need an accommodation due to a disability, please contact the Center for Students with Disabilities at dsps@smc.edu or 310-434-4265, at least 5 business days in advance.

The Santa Monica College Associates is a community-based support group that brings outstanding speakers, performers, and special events to SMC to enhance student excellence. Associates members receive invitations to special receptions and advance notices of lectures. Annual Associates memberships are entirely tax-deductible. Call 310-434-4100 or visit smc.edu/associates for more information.



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