



# MERITUS

A Program of  
Santa Monica College



Schedule of Classes | Spring 2018 | February 12 – June 9

# REGISTRATION

## IMPORTANT SEMESTER DATES

Thursday, December 7, 2017. . . . **Schedule available online at [smc.edu/emeritus](http://smc.edu/emeritus)**

Tuesday, January 2, 2018. . . . . **Schedule available at Emeritus and Santa Monica Libraries**

Monday, January 8, 2018. . . . . **First day of Registration/ Enrollment**

Monday, February 12, 2018 . . . . . **SPRING SEMESTER BEGINS**

Monday, February 19, 2018 . . . . . Presidents' Day  
(no classes/campus closed)

Friday, March 2, 2018 . . . . . Departmental Flex Day  
(no classes/campus open)

Tuesday, March 13, 2018 . . . . . Institutional Flex Day  
(no classes/campus open)

Mon – Sat, April 9 – 14, 2018 . . . . . Spring Break 2018  
(no classes/campus open)

Monday, May 28, 2018. . . . . Memorial Day  
(no classes/campus closed)

Saturday, June 9, 2018 . . . . . **SPRING SEMESTER ENDS**

**RETURNING STUDENTS** are those absent from classes for three semesters or more. You must use an Application Form to enroll in classes. The Application Form is located in the back of this schedule, at the Enrollment Services office, or online at [smc.edu/emeritus](http://smc.edu/emeritus).

**CONTINUING STUDENTS** are students actively enrolled in the present or either of the previous 2 semesters. Continuing students may enroll themselves online or use a paper form. At least two weeks prior to the start of enrollment, Continuing Student Enrollment Cards are mailed to the address on record. Listed at the top of the form is a computer generated online enrollment appointment date/time that will rotate to a previous day each term. You may enroll online using the SMC Corsair Connect Enrollment System on your appointment date/time or anytime thereafter. If you are not assigned an online enrollment appointment, you cannot enroll online and must fill out a paper form to enroll (either use the Continuing Student Enrollment Card or an Application Form available in the back of this schedule). Continuing Students who received an online enrollment appointment are the only students who are eligible to use authorization codes given to them by faculty to self-enroll online in closed classes after the start of the semester. If you receive an authorization code from an instructor for a closed class, enroll yourself in the class online to get yourself processed into the class faster than submitting a paper add card to the Enrollment Services office.

## HOW TO REACH US



1227 2nd Street, Santa Monica, CA 90401

Business Hours: Mon. – Fri., 8:30 a.m. – 4:30 p.m.

Telephone: (310) 434-4306

Email: [emeritus@smc.edu](mailto:emeritus@smc.edu)

Web: [smc.edu/emeritus](http://smc.edu/emeritus)

## ENROLLMENT SERVICES OPTIONS

Listed above are the important semester dates. Students must enroll every semester. ***Students are allowed to enroll in a maximum of 4 classes for the Spring 2018 semester.***

**NEW STUDENTS** are those without an SMC Student Identification Number. New students must register/enroll in person at the Emeritus Enrollment Services Office & provide a picture ID in order for their paper application to be processed and to receive their permanent student ID#. The Application Forms are located in the back of this schedule, at the Enrollment Services office, or online at [smc.edu/emeritus](http://smc.edu/emeritus).

## ONLINE ENROLLMENT SYSTEM FOR CONTINUING STUDENTS: CORSAIR CONNECT

The online enrollment process at Emeritus occurs through SMC's Corsair Connect system. Online enrollment appointments are computer generated and rotate to a previous day each term. Online enrollment gives continuing students the best odds for successful enrollment. Enroll online on your appointment date/time or any time thereafter. Detailed online enrollment instructions are available online at [smc.edu/emeritus](http://smc.edu/emeritus) or in the Emeritus Enrollment Services Office. Emeritus mini computer lab volunteers can assist students with online enrollment when the mini lab is open. Go to room #209 during the first week of the enrollment period and use this great service! Mini lab hours are posted on the door and usually are from 9:00 a.m. – 4:00 p.m. during the first week of enrollment. If a volunteer is unavailable, the mini lab will close that day. For helpful information online:

- Go to [smc.edu/emeritus](http://smc.edu/emeritus) – click onto the links located at the left hand side. There you will find helpful links, such as: Instructions for Online Enrollment; Corsair Connect (Online Enrollment & SMC Email); Searchable Schedule (to search which classes are open); and other helpful links.
- To use "Corsair Connect" to enroll online, make sure you have your SMC/Emeritus Student ID number, password and class section numbers available. If this is the first time you are using Corsair Connect, then your initial password will



be your 6-digit date of birth (MMDDYY) and you will then be asked to convert your 6-digit date of birth password to a new alphanumeric password. You are responsible for retaining your new password and for printing your online enrollment transaction receipt. If you have forgotten your ID number or password, click on “I cannot access my account” on the Corsair Connect login screen and follow the next directions to retrieve your login information.

- To use “Searchable Schedule” to look for open classes, go to [smc.edu/emeritus](http://smc.edu/emeritus); on the left side menu, under the “Schedule of Classes” sub-menu, click onto “Searchable Schedule.” Then, select 1) the Semester (e.g. Fall), 2) Class Type (Emeritus), and 3) Class Status (e.g. open). Scroll down & click the “Search” button. A listing of classes appears below the “Search” button. Click the right arrow at the bottom of the page to access the next rows/pages of classes.

## PAPER APPLICATION ENROLLMENTS

Students using the paper application enrollment option may mail or drop off forms no earlier than the official first day of enrollment to the Emeritus Enrollment Services Office. Paper enrollment forms are processed after all the online appointments have expired with mailed-in forms taking precedence.

- Mailed forms are processed prior to hand-delivered forms on a daily basis. Postmarks are used to determine processing order.
- Fill out all forms completely, sign, date and provide an emergency contact/number on the form.
- List courses in priority order; do not enroll in duplicate sections of the same course or classes that overlap in time.
- Write “Alt” to indicate your 2nd choice for a better chance of receiving a course of your choice.

## NOT ABLE TO ENROLL?

If you are unable to enroll because of missing application information, a required matriculation code change, unpaid credit course fees, a records hold, or disqualification status, call the Emeritus office for information. If you are unable to enroll due to a closed class, please see section below on closed classes. If you are unable to enroll online due to technical challenges, we will refer you to the mini computer lab volunteers in room #209 to assist you with online enrollment. Please use this great student service. Due to a small staff, we are unable to train students to enroll online over the telephone.

## TRANSACTION RECEIPT/CONFIRMATION OF ENROLLMENT

Students enrolling online will not receive a mailed transactions receipt from Emeritus. You must print your transaction receipts from the SMC Corsair Connect online enrollment system. If you have submitted a paper application for enrollment, you will receive a transaction receipt via US mail. If a class you selected is not listed, then that indicates: the class was filled,

there was a time conflict, or you tried to enroll in two sections of the same course. ID#s are listed on the upper left hand of the confirmation/receipt. BRING YOUR RECEIPT TO THE FIRST CLASS(ES) or TO THE OFFICE IF YOU HAVE ENROLLMENT QUESTIONS.

## CLOSED CLASSES / WAIT LIST

For closed classes, students who enroll online can add themselves onto the wait list by clicking “Wait for a Class”, if wait list space is available. Students who submit a paper enrollment form will automatically be added to the wait list, if wait list space is available. The maximum capacity for a wait list is approximately 30% of the maximum seat capacity for the class. The wait list is ordered in chronological order: the name of the student joining the wait list the earliest will be included at the top (#1). Once the class starts, instructors will use this chronological wait list when considering granting authorization (add) codes or signing add cards / continuing student forms. The wait list will be updated as students enroll in the class or remove themselves from it. When a seat opens up in a class, all active students on the wait list will receive an Open Seat Notification email to their SMC email account. Whoever enrolls first gets the seat. Being on the wait list and receiving an Open Seat Notification email does not guarantee an actual seat to anyone. Enrollment for the open seat is on a “first come, first to enroll” basis. For higher chances of getting the open seat, check your SMC email regularly and register yourself online. For tips on activating your SMC email, see the ad on page 8.

## GENERAL INFORMATION AND ENROLLMENT TIPS:

- Courses are free but we gladly accept donations.
- Attend the first class or you may be dropped. Regular attendance throughout the semester is expected or you may be dropped from the class.
- Low enrollment and low attendance may cause class cancellations.
- Only enrolled students may attend and participate in class.

## ADDRESS CHANGES

Use an address card for changes or make changes online at [smc.edu/emeritus](http://smc.edu/emeritus). Click on “Corsair Connect (Online Enrollment & SMC Email)” from the menu on the left side and login. Then, click the “Enrollment” blue tab/link in the middle of the page. From the left side menu, click “Profile / Preferences” and update your address, then press “Submit Changes” at the bottom of the page to save the new information.

## EMERGENCY INFORMATION CARDS

Help us help you. Make sure your emergency information is current each term. If you need to make changes to your emergency information, then fill out an Emergency Card in person at the Emeritus Enrollment Services Office or fill in the info on your enrollment form.



## Welcome to SMC Emeritus!

**NEW** Look for this symbol to find new course opportunities, classes offered in other languages, or tribute classes.

December 2017

### Dear Emeritus Community,

Welcome to the spring 2018 semester!

It is my honor to join you on another fabulous journey at our SMC Emeritus Campus.

Kicking off the new year with an exciting announcement: Pending SMC Board of Trustees' approval, a new Associate Dean will join our Emeritus community of teachers and learners this spring! The Associate Dean will be announced in the near future.

A special thank you to the SMC Emeritus classified staff for their commitment to maintain our program and services.

This past fall, we developed a survey as part of our Adult Education Block Grant. The survey results will be available this spring. We hope to welcome prospective students and introduce new curriculum in alignment with noncredit Older Adult legislation.

While at SMC Emeritus, I most enjoyed interacting with students, staff, and faculty. I am proud of our united effort to continue to foster a positive and collaborative environment. This spring and beyond, I look forward to our work together at Emeritus.

Last but not least, enjoy and take pride in SMC Emeritus while staying "PROUD TO BE...SMC!"

Truly,

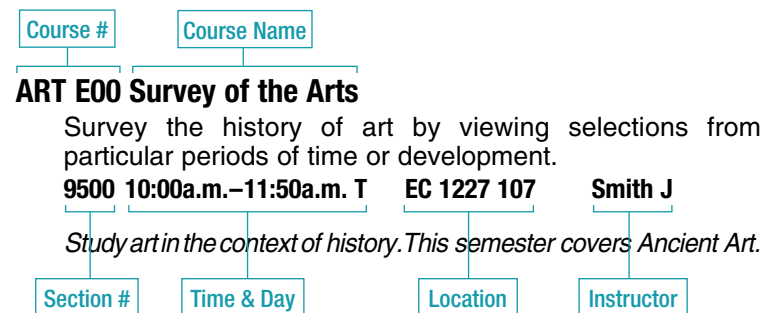


Dr. Dione (Dee Dee) Carter  
Dean, Noncredit and External Programs, Santa Monica College

### IMPORTANT NOTES TO STUDENTS:

- See the Facilities list on page 14 for a full description of each location abbreviation.
- The description of the courses showing "ITINERARY" as a location requires the ability for students to traverse uneven ground and negotiate stairs.
- Volunteers handle registration information in a confidential manner. If you have concerns or questions about privacy, contact the Program Coordinator at (310) 434-3851.

### A SAMPLE OF A COURSE FROM THE SCHEDULE:



The 9000 level section number of the course must be placed in the "section" field on the application form or add card for correct enrollment.

### Abbreviation of Days

M = Monday	S = Saturday
T = Tuesday	MW = Monday & Wednesday
W = Wednesday	MF = Monday & Friday
Th = Thursday	TTh = Tuesday & Thursday
F = Friday	WF = Wednesday & Friday

**Check Out the  
EMERITUS WEBSITE**  
[smc.edu/emeritus](http://smc.edu/emeritus)

### YOU'LL FIND

- Enrollment information and instructions
- Schedules of classes
- How to support Emeritus
- Emeritus news and information
- Bulletin Board of community events
- The Emeritus Voice newsletter
- Advisory Council pictures and bios
- Contact information for Emeritus
- And more....



## ARTS & CRAFTS

### ART E00 Survey of Art

Survey of art: View selections from a variety of time periods and artists. Classes with "ITINERARY" listed as a location have field trips to galleries, museums, studios and site-specific works of art. For "ITINERARY" location classes, first meeting only at 1227 2nd St. to receive the itinerary—ask front desk for location of first meeting. Gallery tour schedules may change due to venue schedules.

9701 9:00a.m.–10:50a.m. F EC 1227 409 Walker C L  
 9702 11:00a.m.–12:50p.m. T ITINERARY Walker C L  
 9703 1:30p.m.–3:20p.m. W ITINERARY Hero C J  
 9704 1:30p.m.–3:20p.m. Th ITINERARY Hero C J  
 9705 1:30p.m.–3:20p.m. F ITINERARY Hero C J

### ART E06 Artistic Expression through Gardening

Meet first at the SE corner of 24th & Marguerita, north of Montana, to receive the itineraries.

9706 10:00a.m.–11:50a.m. M ITINERARY Jaeger J E  
 9707 10:00a.m.–11:50a.m. T ITINERARY Jaeger J E

### ART E15 Drawing

9709 9:15a.m.–11:30a.m. F EC 1227 204 Hero C J

*Advanced and experimental drawing: Focus on structure, form, value and visual perception. Discussion and attention are given to theories of contemporary practices in art.*

9710 12:30p.m.–2:45p.m. F EC 1227 204 Turr C A

*Drawing in color media: Beginning and advanced techniques using colored pencils and pastels to draw still life studies, landscapes and cityscapes. Some drawing experience would be helpful.*

### ART E16 Life Drawing Studio

9713 9:00a.m.–10:50a.m. W EC 1227 205 James N M

*Painting in a variety of mediums and techniques: acrylics, oils, grounds, washes, layering, color mixing, and finishes.*

### ART E19 Oil Painting

9714 9:00a.m.–11:50a.m. Th EC 1227 205 Donon S

*This class is open to students at any level. Through guided instruction, students can use all paint mediums working from still life and photographs.*

### ART E20 Drawing and Painting

Multimedia drawing and painting for persons at all levels of skill. Learn about space, line, value and color in a workshop atmosphere.

9715 9:00a.m.–11:15a.m. M EC 1227 204 Benson J K

*Drawing and painting with emphasis on the portrait. Studio time split between working with live models and other in-class exercises.*

9716 12:30p.m.–2:45p.m. T MALIBU BLUFFS Trentham B M

*Drawing and painting, from pencil to pastel. Work in any dry medium. Develop your sense of composition, value, color and technique. Draw and paint still-lives, landscapes and possible "plein air" sessions in a workshop atmosphere. Friendly critiques.*

### ART E21 Painting/Drawing, Oil and Acrylic

9717 9:00a.m.–11:15a.m. M EC 1227 205 Adams L K

*Learn the techniques of classical and contemporary masters, new painting techniques and expand your visual vocabulary. Painting with oils or acrylics for persons of all levels. Learn the basic techniques.*

9719 9:00a.m.–11:15a.m. F EC 1227 205 Harrison A B

*Learn the techniques of classical and contemporary masters, new painting techniques and expand your visual vocabulary. Painting with oils or acrylics for persons of all levels. Learn the basic techniques.*



9720 11:30a.m.–1:45p.m. M EC 1227 204 Benson J K

*Interdisciplinary studio. For persons at all levels of skill. Learn about concept, composition, value and color in a workshop atmosphere. This section is endowed in the memory of Francis J. Abrahams.*

### ART E22 Watercolor

9721 9:00a.m.–11:15a.m. T EC 1227 204 Manseau F J

*Designed for beginning watercolorists. A techniques and methods class concentrating on the "how" of the medium: washes, brush strokes, color, value and composition.*

9722 11:30a.m.–1:45p.m. T EC 1227 204 Manseau F J

*Intermediate watercolor. Review basics and further develop techniques toward a more personal creative result. Designed for students with some experience.*

### ART E24 Calligraphy II

9723 9:30a.m.–11:20a.m. F 1450 OCEAN Martorello J M

*Learn a variety of Calligraphic Hands, traditional to modern variations. Expand your knowledge and skills ranging from Graphic to Fine Art applications. Enhance your personal projects with design, style and grace. Styles and projects vary each term.*

### ART E30 Watercolor Studio

9724 9:00a.m.–11:50a.m. Th ITINERARY Walker C L

*All levels welcome. An outdoor studio class at a variety of urban cityscapes and natural gardens. Develop techniques and learn about new materials. Work in a supportive environment. Learn from group critiques. First meeting only at Clover Park to get the itinerary.*

9725 9:00a.m.–11:50a.m. F ITINERARY Turr C A

*An outdoor, "plein air" class meeting at a variety of locations for instruction in techniques, composition, selection of subject, and quickly capturing a landscape. Critiques are at the easel. The 1st meeting is at: Tongva Park on Main St., between Colorado Ave. & Olympic Dr., across the street from Santa Monica City Hall.*

9726 12:00p.m.–2:50p.m. W EC 1227 204 Turr C A

*Studio watercolor covering the basics with a focus on strong composition and an understanding of the medium.*

### ART E55 Sculpture

9728 12:00p.m.–2:15p.m. Th EC 1227 205 Benson J K

*Become inspired creatively in three dimensions. Material options to be discussed on first day of class. Students will be introduced to sculpture processes involving clay, paper, wire, balsa wood, found objects, plaster of Paris, mold-making rubber and casting resin.*

### ART E80 Jewelry Making

9729 11:30a.m.–1:45p.m. Th 1450 OCEAN Ryza S V

*Advanced jewelry techniques. New projects weekly—wirework, bead weaving, chain maille, advanced stringing projects, and more. Use a wide assortment of tools and materials. Students purchase materials per guidelines. Projects for this section are more complex. Students should master basic jewelry skills prior to enrolling.*

9730 2:00p.m.–4:15p.m. Th 1450 OCEAN Ryza S V

*Beginning: New projects weekly—knotting, wire wrapping, bead weaving, attaching clasps and more. Use a wide assortment of tools and materials. Students purchase their materials per guidelines. Bring any beads or tools you already own to the first class.*



## Planning for Retirement, Healthcare & Estate Planning

**Thursdays | 11:30 a.m. – 1:20 p.m.**

**Emeritus Campus Room 408**

### *a free workshop*

(first come first served)



For men, women & couples: methods of long range planning for a secure future. Deal with estate planning, retirement and healthcare issues. Legal aspects of wills, trusts and charitable giving by attorney Wes Hicks. Income planning, survivorship, and retirement issues by financial advisor Pat McIlrath. Healthcare, Medicare, and long term care issues by Virginia Hart.

## EMPLOYMENT FOR SENIORS – COMPUTER TRAINING

REGISTER FOR ONE LEVEL ONLY WITHIN THE COMPUTER COURSES. The levels/content areas are:

- Introduction to Computers
- Word Processing – Beginning
- Word Processing – Intermediate
- Data Management
- Working with Photos
- Working with Videos
- Using the Internet and Internet Safety

Students will learn how to use computers confidently, and become familiar with basic concepts, terms and skills related to the Microsoft Windows Operating System and other software programs.

Bring a flash drive to class. Depending upon the instructor, a textbook may be used for this course. Your instructor will provide details.

### **OCC E00 Basic Computer Training (formerly Introduction to Computers)**

This course is designed to assist students in accessing the world of computers and technology. Students acquire introductory computer skills, enabling them to interact with colleagues, family and friends and promote self-expression. Students learn about personal computers, improve technical vocabulary, review typing and mouse skills, conduct basic computer maintenance, and learn how to use computer special function keys.

**9803 11:00a.m.–12:50p.m. F EC 1227 208 Espinosa-Frech H A**

### **OCC E01 Word Processing**

Acquire the skills necessary to use word processing software. Learn to create, save, and retrieve documents. This course will help you perform various word processing functions with ease.

**9805 11:00a.m.–12:50p.m. M EC 1227 208 Woolen D W**  
*Intermediate course.*

**9806 1:30p.m.–3:20p.m. F EC 1227 208 Espinosa-Frech H A**  
*Beginner course.*

### **OCC E10 Using Data Files**

This course helps older adults understand how to use tables and data files to create mailing labels, financial records for taxes, or work in a volunteer or paid job requiring these and other consumer skills. The course is offered at a pace that helps older adults maximize their knowledge retention and continue learning.

**9807 11:00a.m.–12:50p.m. T EC 1227 208 Simmonds A R**

### **OCC E20 Using the Internet Safely**

This course focuses on ways students can better protect themselves in a new technological environment and use the Internet to find valid information. Best practices in virus protection and using e-mail are discussed. In addition, students examine and discuss their computer and internet needs for personal and professional use.

**9808 11:00a.m.–12:50p.m. Th EC 1227 208 Simmonds A R**

**9825 9:00a.m.–10:50a.m. M EC 1227 208 Woolen D W**

**9826 3:00p.m.–4:50p.m. M EC 1227 208 Woolen D W**

*This class will focus on using the Internet safely with an emphasis on mobile applications.*

### **PHOTO E00 Digital Photography I**

**9809 9:00a.m.–10:50a.m. T EC 1227 107 Schneir G**

*Digital Photography for those who want to expand their photographic abilities. Novice digital photographers are most welcome. Free image editing programs such as Picasa and FastStone will be explored. Guidelines for using your camera, composition and exposure will be discussed. Students are urged to bring a few pictures on flash drives along with their cameras and manuals to class. No computer knowledge is required.*

### **PHOTO E10 Digital Photography II**

**9810 9:00a.m.–10:50a.m. W EC 1227 208 Simmonds A R**

*Beginner course. Designed for the digital photographer novice, taking pictures, transferring them to your computer, beginning cropping, editing and color corrections using Photoshop Elements.*

**9811 9:00a.m.–10:50a.m. F EC 1227 208 Espinosa-Frech H A**  
*Learn about videos. Use Adobe Premiere to create simple videos. Knowledge and use of Photoshop Elements experience is recommended.*

**9812 1:00p.m.–2:50p.m. M EC 1227 208 Buckner K D**

*Intermediate level. Take your Photoshop skills to the next level. Students are encouraged to bring a few personal pictures on flash drives to edit during class. Should have some experience with Photoshop Elements prior to enrolling.*



## HEALTH & CONDITIONING

### HEALTH E21 Yoga Health & Safety, Principles & Practices for Older Adults

Through the practice of yoga postures (asanas) and yogic breathing (pranayama), you will learn how to improve your overall health and well-being, develop strength, flexibility, and balance, as well as increase circulation and your ability to hold focus and relax. Please bring your own yoga mat, a notebook & pencil.

9750 8:30a.m.–10:20a.m. WF EC 1227 308 Dee D  
 9751 10:00a.m.–11:50a.m. TTh EC 1227 308 Cooper M  
 9752 10:30a.m.–12:20p.m. TTh 1450 OCEAN Cass K  
*Above section is chair based—no mat required.*  
 9753 11:00a.m.–12:50p.m. MW EC 1227 308 Lieb J B  
 9754 2:00p.m.–3:50p.m. TTh EC 1227 308 Dee D

### HEALTH E22 Chi Gong Principles & Practices for Older Adults

Learn traditional Chinese exercise for health and well-being. Emphasis on developing strength, flexibility and balance. Practice limbering movement with mindful breathing to increase and maintain your range of motion.

9755 8:30a.m.–9:45a.m. TTh EC 1227 308 Holtzermann C

### HEALTH E23 T'ai Chi Principles & Practices for Older Adults

Tone and strengthen every muscle in the body by using this method of slow, circular movement of the long, Yang style form. Learn how to stay in balance. Learn to relax, concentrate and focus your energy. Meditate to nourish the whole body.

9756 9:00a.m.–10:15a.m. MF VP CTR Akers P A  
*Beginner and intermediate course.*  
 9757 12:00p.m.–1:15p.m. WF EC 1227 304 Nardini A S  
*Intermediate and Advanced. Prerequisite: must be able to perform first and second sections of the Yang style.*  
 9758 12:30p.m.–1:45p.m. TTh EC 1227 304 Terry Jr P W  
*Intermediate course.*  
 9759 2:00p.m.–3:15p.m. MF EC 1227 304 Akers P A  
*Intermediate and advanced course.*

### HEALTH E24 Physical Fitness Principles & Practices for Older Adults

Learn how to safely build your aerobic capacity. Low-impact aerobic exercises to music, some strength training, and stretch movements to improve cardiovascular performance and flexibility.

9760 8:30a.m.–9:45a.m. TTh VA PK Moy D N  
 9761 9:00a.m.–10:15a.m. MW EC 1227 304 Wapner-Baart L J  
 9762 9:00a.m.–10:15a.m. TTh 1450 OCEAN Wapner-Baart L J  
 9763 9:30a.m.–10:45a.m. TTh EC 1227 304 Yewell R E  
*Intermediate and advanced course.*  
 9764 11:00a.m.–12:15p.m. TTh EC 1227 304 Yewell R E  
*Beginner course.*

### HEALTH E25 Strength & Stamina Training Principles & Practices for Older Adults

The course explores how older adults can maintain or improve their health and stamina through strength training using free weights, resistance devices and/or other fitness techniques. The course emphasizes safe ways to start and maintain a program. Principles of basic anatomy, physiology, good nutrition and/or stress management are included. Students may create a personal fitness and strength training plan based on their individual needs and physical challenges.



9765 8:00a.m.–9:15a.m. TTh EC 1227 304 Yewell R E  
 9766 10:00a.m.–11:15a.m. TTh VP PATIO Regalado O  
 9767 10:30a.m.–11:45a.m. MW 1450 OCEAN Vaillancourt A  
*This class has 30 minutes aerobic exercise for stamina and 20 minutes weight training for strength.*  
 9768 10:30a.m.–11:45a.m. MW EC 1227 304 Huner K A  
 9769 12:00p.m.–1:15p.m. TTh CLOVER Wapner-Baart L J  
*Walk your cares away and feel great. Class meets near the tennis courts. Please contact the instructor via email prior to the start of class for details: wapner-baart\_linda@smc.edu*

### HEALTH E30 Personal Safety – Fall Prevention

Falls are the most frequent cause of serious injury to older adults. Learn how, why, where and when falls occur and how to avoid falling at home, around town or on your travels. Improve your balance. Exercises are followed by a short lecture.

9770 12:00p.m.–1:50p.m. M EC 1227 304 Weinstein J M

### HEALTH E34 Stress Reduction through Yoga

Learn through the focused practice of yoga postures (asanas) along with conscious yoga breathing (pranayama) how to increase your energy, support emotional balance, develop your ability to concentrate and relax, as well as improve your overall health and well-being. Please bring your own yoga mat, a notebook & pencil.

9771 8:00a.m.–9:50a.m. S VA PK Holtzermann C  
 9772 9:00a.m.–10:50a.m. M EC 1227 308 Cooper M  
 9773 11:00a.m.–12:50p.m. F EC 1227 308 Lieb J B

### HEALTH E38 Joint Health & Mobility for Older Adults

For those with joint problems; improve strength, balance and flexibility with weights, stretches or repetitive movements. Develop a personal health plan.

9774 9:00a.m.–10:15a.m. MW 1450 OCEAN Vaillancourt A  
*Students will learn to strengthen the lower body with exercises performed on mats and use free weights for upper body strength.*  
 9775 10:30a.m.–11:45a.m. TTh VP CTR Wapner-Baart L J  
 9776 10:30a.m.–11:45a.m. TTh WISE Moy D N  
*This class is targeted towards participants of the WISE Adult Day Program.*  
 9777 2:00p.m.–3:15p.m. TTh EC 1227 304 Regalado O  
 9824 2:30p.m.–3:45p.m. MW REED PK Albert G S

## HEALTH E63 Body Conditioning After a Stroke

Learn to cope with the effects of a stroke. Promote health and wellness through physical fitness. Help develop a personal plan to restore energy, flexibility, stability and balance, strength and motor coordination through specifically designed exercises in sitting, standing and while lying on a mat. Limited class size and enrollment, maximum of two sessions per week. Registration is completed through the SMC Disabled Students Programs and Services (DSPPS), (310) 434-4442.

9778 10:30a.m.–11:45a.m. T EC 1227 307 Nakasuji B J  
 12:00p.m.–1:15p.m. T EC 1227 307 Phillips B S  
 1:30p.m.–2:45p.m. T EC 1227 307 Phillips B S  
 11:00a.m.–12:15p.m. Th EC 1227 307 Nakasuji B J  
 12:30p.m.–1:45p.m. Th EC 1227 307 Nakasuji B J  
 2:00p.m.–3:15p.m. Th EC 1227 307 Nakasuji B J  
 12:30p.m.–1:45p.m. F EC 1227 307 Evans Jami R  
 2:00p.m.–3:15p.m. F EC 1227 307 Evans Jami R

## HOME ARTS AND MAINTENANCE

### CT E00 The Fix-It Class – Repair Almost Anything

Basic home maintenance and repairs are addressed in this lecture/demonstration class. Beginner or experienced, you will learn how to do minor repairs and supervise others to: fix leaky faucets, repair a lamp, patch a wall, hang items, etc. Also, learn about important but easy ways to protect your assets and financial identity from thieves. Crooks target seniors, learn how to stop them.

9734 1:00p.m.–3:15p.m. Th EC 1227 407 Ross M A

### HME EC E01 Sewing Lab

Learn how to construct clothing and creative sewing projects. Cover the basics to more complicated sewing techniques. Choose your own projects to work on under the supervision of a credentialed instructor. This class is for beginners and more advanced sewers.

9779 12:00p.m.–2:50p.m. M EC 1227 205 Lewis K

### HME EC E71 Needlecrafts II

Learn to knit, crochet or weave in this friendly, relaxed fiber class. Bring your own tools and materials. Teacher works individually with each student on student's chosen project(s), at all levels from complete beginner to advanced.

9781 1:30p.m.–4:20p.m. W 1450 OCEAN Ryza S V

## HUMAN DEVELOPMENT

### HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults

Enjoy life. Lecture-based class. Learn how you can improve your brain and enjoy your life more fully. Techniques such as meditation, mindfulness, positive thinking, breathing, humor, diet, stress management, and light physical movement will be used.

9783 1:30p.m.–2:45p.m. TTh EC 1227 408 Albert G S

### HUMDEV E15 Senior Studies – Theater – History of Comedy

History of comedy: A look at comedy in theater, literature, film and music.

9784 9:00a.m.–10:50a.m. W EC 1227 409 Achorn J C

### HUMDEV E17 Senior Seminar – Luisa R.G. Kot Concert Series

Vocal and instrumental performances interspersed with comments by artists and students. Experience the development of eclectic musical forms with influences from around the world. Dates to be announced when performers' schedules are confirmed. *This course is offered in memory of Luisa R. G. Kot.*

TRIBUTE 9785 3:00p.m.–4:50p.m. Th EC 1227 107 Peterson J D

### HUMDEV E22 Senior Seminar: Through a Jewish Lens – Art, Culture & Entertainment

Learn about Jewish art, culture and entertainment in the 20th Century with particular attention to humor as a survival mechanism and useful tool to cope with adversity.

9786 11:30a.m.–1:20p.m. W EC 1227 409 Abatemarco A M

### HUMDEV E24 Bereavement Support

Encouragement and support offered in a small group setting guided by a trained and experienced counselor.

TRIBUTE *This course is offered in memory of Zelda Herman.*  
 9787 1:30p.m.–3:20p.m. M EC 1227 407 Press P L

### HUMDEV E25 Dealing with Hearing Impairment

This course is for improving the communications skills of the hearing-impaired through lip reading and oral techniques.

9788 12:30p.m.–2:20p.m. T EC 1227 407 Frand L

### HUMDEV E27 Exercising the Brain

The ultimate goal of this class is to stimulate thinking and exercise the brain. Learn activities that keep the brain alive and active through mental exercises, including right- and left-brain tasks.

9789 10:00a.m.–11:50a.m. T EC 1227 407 Frand L

9790 12:30p.m.–2:20p.m. W EC 1227 407 Frand L

### HUMDEV E28 Communication After a Stroke (Computer Based)

Improve your speech and language skills. Designed for people with brain injuries such as a stroke. Specialized computer software that is used was designed specifically for those with aphasia. Contact the SMC Disabled Students Programs and Services (DSPPS) office for approval to register, (310) 434-4442.

9791 1:30p.m.–3:20p.m. W EC 1227 208 Feinberg L H

### HUMDEV E50 Communication After a Stroke

Professional support beyond hospital or private therapy. Cope with the effects of a stroke or brain injury on your communication skills. Attend one time period per session. Caregivers may participate in the 10:30 session. Contact the SMC Disabled Students Programs & Services (DSPPS) office for approval to register, (310) 434-4442.

9792 10:30a.m.–11:45a.m. W EC 1227 408 Feinberg L H

11:45a.m.–1:00p.m. W EC 1227 408 Feinberg L H

### PSYCH E33 Living as a Single Person

Learn strategies for successful single living. Discuss concrete and abstract issues of divorce, loneliness, and coping with changes in lifestyle.

9816 11:00a.m.–12:50p.m. M EC 1227 408 Press P L





## LITERATURE

### BILING E01 Literature in Spanish

Taught in Spanish. Fiction, poetry and plays by Spanish and Latin American writers are discussed: Cervantes, Marti, Dario, Machado, Mistral, Vallejo, Garcia Lorca, Borges, Neruda, Onetti, Cortazar, and many others.

IN SPANISH

9731 9:00a.m.–10:50a.m. F VP TERRY Quiñones H C

### BILING E02 French Literature

Explore a variety of literature written in French. Conducted in French, fluency recommended. Excellent for native speakers of French.

IN FRENCH

9732 2:00p.m.–3:50p.m. T EC 1227 409 Isner-Ball D R

### ENGL E20 Literature: The Novel

9735 2:00p.m.–3:50p.m. M EC 1227 409 Dwyer F

A close reading, with class discussion, of the great novels that enrich and illuminate our lives. The class will continue reading and discussion of Herman Melville's *Moby Dick*.

### ENGL E22 Short Story

Read and engage in lively discussions about short stories, both American and international, as well as contemporary and classic.

9736 10:00a.m.–11:50a.m. T EC 1227 408 Wali M

### ENGL E23 Shakespeare

There are poets and there are playwrights, and then there is Shakespeare, the undisputed master of poetry and playwriting. Selected plays by William Shakespeare will be studied and discussed. A good time is guaranteed.

9737 9:00a.m.–10:50a.m. M EC 1227 107 Achorn J C

9738 11:00a.m.–12:50p.m. M EC 1227 107 Achorn J C

### ENGL E24 Bible as Literature

"Double Cross: A Look at the Synoptic Gospels." Study biblical writings and their use in contemporary settings. Examine life experience in light of Biblical literature. Class meets at The Santa Monica Synagogue (corner of 18th and Broadway in Santa Monica). Class is taught by Rabbi Jeff Marx.

9739 2:00p.m.–3:50p.m. Th SM SYNG Marx J A

ENGL E24: Bible As Literature will not have class on May 10, May 17, and May 24. This class will focus on "Hadith: The Teachings of the Prophet Mohammed." Students will study biblical writings and its use in contemporary settings. Students will also examine life experience in light of religious literature. The class will meet at the Santa Monica Synagogue (corner of 18th and Broadway in Santa Monica).

### ENGL E25 Literature: The American Novel

9740 9:00a.m.–10:50a.m. T EC 1227 409 Achorn J C

Explore the development of the American novel, the writers and their lives and times.

### ENGL E27 Poetry and Fiction

9741 10:00a.m.–11:50a.m. W MALIBU Davis C V

Contemporary American Literature: Cross Genre.

### ENGL E29 Greek Literature

9742 11:30a.m.–1:20p.m. M EC 1227 409 Dwyer F

In many important ways, for better or for worse, we are all still Greek. The class will explore what that means, as Greek drama poetry, myth, and history are read and discussed. The class will begin with Euripides' *Iphigenia in Tauris*, in the Richmond Lattimore translation.

### ENGL E30 Creative Writing

9743 9:00a.m.–11:15a.m. M EC 1227 409 Kronsberg G J

Experiment with writing projects to explore style, content and effect from the basics to more sophisticated techniques.

9744 9:30a.m.–11:45a.m. T MALIBU Reich E S

Come learn the art of skillful writing. All levels are welcome.

### ENGL E33 Autobiography

Review and integrate the experiences that shaped your life. Share memories and create a family record. Receive guidance, inspiration and writing exercises to launch or continue autobiographical writing.

9745 9:00a.m.–11:15a.m. Th EC 1227 408 Wali M

9746 9:30a.m.–11:45a.m. S PAC 116 Fox Jr R W

Above section 9746 meets at the Performing Arts Center, 1310 11th Street.

9747 12:00p.m.–2:15p.m. S PAC 116 Reyes A C

Above section 9747 meets at the Performing Arts Center, 1310 11th Street.

9748 12:30p.m.–2:45p.m. F MALIBU Reich E S

### ENGL E34 Writing for Publication

This is a hands-on course focusing on the production of the SMC Emeritus Newsletter and literary journals as well as being an active writer's workshop with an emphasis on polishing and revising work in preparation for submission and publication. The class will produce the SMC Emeritus Newsletter in the first 4 weeks of the class, and then turn its focus to producing either the *Chronicles* or the *Ongoing Moment*, the two literary journals of Emeritus.

9823 1:00p.m.–3:50p.m. M EC 1227 408 Wali M

### ENGL E37 Writing Seminar

Develop and refine your writing skills in an informal round table atmosphere. Manuscripts of any genre are read and critiqued. Focus is on interchange of constructive comments.

9749 9:00a.m.–11:50a.m. Th EC 1227 409 Kronsberg G J

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## MUSIC PERFORMANCE AND APPRECIATION

### MUSIC E00 Concert Band

If you can play a musical instrument, come join in playing a wide selection of music. Regular performances are presented to the public. Rehearse and perform a variety of concert band music. For players of brass, woodwind, or percussion instruments only.

9793 6:30p.m.-9:20p.m. T LINCOLN Miyoshi Y

### MUSIC E03 "The Merits" – Vocal Ensemble

A chorus of men and women organized around songs from musical comedy or light opera. The music will be brought to a high level for performance. Perform old standards, musical comedy and favorite songs. Combine fun with learning music skills. The ability to carry a part and read music is helpful but not mandatory.

9794 10:00a.m.-12:50p.m. T FST PRES Bryant W

### MUSIC E04 Voice Training

This course provides a venue for older adults to discover or strengthen their musical creativity, personal vocal skill, performance standards, and self-confidence. Vocal exercises and solo singing. Advanced memorization is stressed.

9795 1:00p.m.-2:50p.m. Th EC 1227 107 Elliott W H

### MUSIC E06 Gospel Community Chorus

Get the spirit! Learn to sing and build a repertoire of authentic gospel songs in an exciting, supportive group under the direction of an award-winning master instructor. The ability to read music is helpful but not required. For beginners through advanced, both men and women are welcomed.

9796 1:00p.m.-2:50p.m. W PAC 107 Bryant W

Above section 9796 meets at the Performing Arts Center, 1310 11th Street.

### MUSIC E10 Spanish Folk Singing

Latin American and Spanish music with a special emphasis on the various styles of different regions. Explore the richness and diversity of this inspired musical tradition. Be prepared to sing in Spanish. Possible performance options.

9797 12:00p.m.-1:50p.m. T VP TERRY Perez J Z

BI-LINGUAL

### MUSIC E30 Opera Appreciation

Experience opera behind the scenes and as an audience member from the beginning to the descending curtain.

9798 2:00p.m.-3:50p.m. T EC 1227 107 Jackson L R

### MUSIC E32 Music Appreciation

9799 12:00p.m.-1:50p.m. F EC 1227 107 Peterson J D

Focus your appreciation through exciting listening experiences. Discuss musical periods and begin to understand performances in greater depth.

9800 1:00p.m.-2:50p.m. M EC 1227 107 Hetz M L

Explore classical music and learn about music. For all levels. Discuss the interaction of culture, language and social events that shape the creativity of musicians. Enjoy performances by rising student performers.

### MUSIC E34 Lyric Chorus

A chorus of voices singing three-part arrangements of great classics, bouncy Broadway and rollicking ragtime. Many performances in Southern California. Come learn professional choral techniques. Have the fun and joy of blending your voice with others to create memorable music. Some experience is helpful. For high soprano, medium soprano, and alto voices only.

9801 9:00a.m.-11:50a.m. Th EC 1227 107 Elliott W H

### MUSIC E51 Piano and Theory

Learn techniques for reading, playing, and practicing music. Being able to read music and some knowledge of the keyboard are helpful.

9802 12:15p.m.-2:05p.m. S PAC 206 Hetz M L

Above section 9802 meets at the Performing Arts Center, 1310 11th Street.

## POLITICAL SCIENCE

### POL SC E00 Current Events

Consider the political, economic and social movements that determine local, national, domestic and foreign policies in the U.S. and around the world.

9813 9:30a.m.-11:20a.m. W EC 1227 107 Millan B A

9814 10:00a.m.-11:50a.m. M SM LIB Reiner M

9815 2:00p.m.-3:50p.m. F EC 1227 107 Trives N

2:00p.m.-3:50p.m. F EC 1227 107 Johnson J P

## THEATER ARTS

### TH ART E01 Principles of Acting

Dust off your thespian robes and explore your creative side in this acting workshop. Scenes are rehearsed, polished, and performed at a Showcase at The Ede Theater.

9817 11:00a.m.-1:50p.m. T EC 1227 107 Gannen B

9818 2:30p.m.-5:20p.m. T EC 1227 407 Gannen B

### TH ART E02 Theater Arts Appreciation

Learn all aspects of the theater. See the production from the viewpoint of director, actor, critic, as well as viewer. Great plays and films will be used as a basis for this lecture/discussion class. *This class is offered in memory of Dorothy Tunis.*

9819 9:00a.m.-10:50a.m. F EC 1227 107 Abatemarco A M

TRIBUTE

### TH ART E05 Reader's Theater

Come study and interpret short stories, poetry, and scenes from plays for presentation. Memorization is not necessary. Readings are performed within the group at each meeting.

9820 11:00a.m.-12:50p.m. F EC 1227 409 Abatemarco A M

### TH ART E30 Dramatic Interpretation Through Movies

Discover the complex, multifaceted art of cinema. Examine the collaborative nature of film and the artists who make movies.

9821 1:30p.m.-3:45p.m. W EC 1227 107 Laffey S A





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# CLASSES BY THE DAY SPRING 2018

## MONDAY

9:00a.m.–11:15a.m.	9715	ART E20 Drawing and Painting	EC 1227 204
9:00a.m.–11:15a.m.	9717	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 205
9:00a.m.–10:50a.m.	9737	ENGL E23 Shakespeare	EC 1227 107
9:00a.m.–11:15a.m.	9743	ENGL E30 Creative Writing	EC 1227 409
9:00a.m.–10:50a.m.	9772	HEALTH E34 Stress Reduction through Yoga	EC 1227 308
9:00a.m.–10:50a.m.	9825	OCC E20 Using the Internet Safely	EC 1227 208
10:00a.m.–11:50a.m.	9706	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a.m.–11:50a.m.	9814	POL SC E00 Current Events	SM LIB
11:00a.m.–12:50p.m.	9738	ENGL E23 Shakespeare	EC 1227 107
11:00a.m.–12:50p.m.	9805	OCC E01 Word Processing	EC 1227 208
11:00a.m.–12:50p.m.	9816	PSYCH E33 Living as a Single Person	EC 1227 408
11:30a.m.–1:45p.m.	9720	ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 204
11:30a.m.–1:20p.m.	9742	ENGL E29 Greek Literature	EC 1227 409
12:00p.m.–1:50p.m.	9770	HEALTH E30 Personal Safety – Fall Prevention	EC 1227 304
12:00p.m.–2:50p.m.	9779	HME EC E01 Sewing Lab	EC 1227 205
1:00p.m.–2:50p.m.	9800	MUSIC E32 Music Appreciation	EC 1227 107
1:00p.m.–2:50p.m.	9812	PHOTO E10 Digital Photography II	EC 1227 208
1:00p.m.–3:50p.m.	9823	ENGL E34, Writing for Publication	EC 1227 408
1:30p.m.–3:20p.m.	9787	HUMDEV E24 Bereavement Support	EC 1227 407
2:00p.m.–3:50p.m.	9735	ENGL E20 Literature: The Novel	EC 1227 409
3:00p.m.–4:50p.m.	9826	OCC E20 Using the Internet Safely	EC 1227 208

## MONDAY AND WEDNESDAY

9:00a.m.–10:15a.m.	9761	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
9:00a.m.–10:15a.m.	9774	HEALTH E38 Joint Health & Mobility	1450 OCEAN
10:30a.m.–11:45a.m.	9767	HEALTH E25 Strength & Stamina Training Principles & Practices	1450 OCEAN
10:30a.m.–11:45a.m.	9768	HEALTH E25 Strength & Stamina Training Principles & Practices	EC 1227 304
11:00a.m.–12:50p.m.	9753	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
2:30p.m.–3:45p.m.	9824	HEALTH E38 Joint Health & Mobility	REED PK

## MONDAY AND FRIDAY

9:00a.m.–10:15a.m.	9756	HEALTH E23 T'ai Chi Principles & Practices	VP CTR
2:00p.m.–3:15p.m.	9759	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

## TUESDAY

9:00a.m.–11:15a.m.	9721	ART E22 Watercolor	EC 1227 204
9:00a.m.–10:50a.m.	9740	ENGL E25 Literature: The American Novel	EC 1227 409
9:00a.m.–10:50a.m.	9809	PHOTO E00 Digital Photography I	EC 1227 107
9:30a.m.–11:45a.m.	9744	ENGL E30 Creative Writing	MALIBU
10:00a.m.–11:50a.m.	9707	ART E06 Artistic Expression through Gardening	ITINERARY
10:00a.m.–11:50a.m.	9736	ENGL E22 Short Story	EC 1227 408
10:00a.m.–11:50a.m.	9789	HUMDEV E27 Exercising the Brain	EC 1227 407
10:00a.m.–12:50p.m.	9794	MUSIC E03 "The Merits" – Vocal Ensemble	FST PRES
10:30a.m.–11:45a.m.	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
11:00a.m.–12:50p.m.	9702	ART E00 Survey of Art	ITINERARY
11:00a.m.–12:50p.m.	9807	OCC E10 Using Data Files	EC 1227 208
11:00a.m.–1:50p.m.	9817	TH ART E01 Principles of Acting	EC 1227 107
11:30a.m.–1:45p.m.	9722	ART E22 Watercolor	EC 1227 204
12:00p.m.–1:15p.m.	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
12:00p.m.–1:50p.m.	9797	MUSIC E10 Spanish Folk Singing	VP TERRY
12:30p.m.–2:45p.m.	9716	ART E20 Drawing and Painting	MALIBU BLUFFS
12:30p.m.–2:20p.m.	9788	HUMDEV E25 Dealing with Hearing Impairment	EC 1227 407
1:30p.m.–2:45p.m.	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
2:00p.m.–3:50p.m.	9732	BILING E02 French Literature	EC 1227 409
2:00p.m.–3:50p.m.	9798	MUSIC E30 Opera Appreciation	EC 1227 107
2:30p.m.–5:20p.m.	9818	TH ART E01 Principles of Acting	EC 1227 407
6:30p.m.–9:20p.m.	9793	MUSIC E00 Concert Band	LINCOLN

## TUESDAY AND THURSDAY

8:00a.m.–9:15a.m.	9765	HEALTH E25 Strength & Stamina Training Principles & Practices	EC 1227 304
8:30a.m.–9:45a.m.	9755	HEALTH E22 Chi Gong Principles & Practices	EC 1227 308
8:30a.m.–9:45a.m.	9760	HEALTH E24 Physical Fitness Principles & Practices	VA PK
9:00a.m.–10:15a.m.	9762	HEALTH E24 Physical Fitness Principles & Practices	1450 OCEAN
9:30a.m.–10:45a.m.	9763	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
10:00a.m.–11:50a.m.	9751	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
10:00a.m.–11:15a.m.	9766	HEALTH E25 Strength & Stamina Training Principles & Practices	VP PATIO
10:30a.m.–12:20p.m.	9752	HEALTH E21 Yoga Health & Safety, Principles & Practices	1450 OCEAN
10:30a.m.–11:45a.m.	9775	HEALTH E38 Joint Health & Mobility	VP CTR
10:30a.m.–11:45a.m.	9776	HEALTH E38 Joint Health & Mobility	WISE
11:00a.m.–12:15p.m.	9764	HEALTH E24 Physical Fitness Principles & Practices	EC 1227 304
12:00p.m.–1:15p.m.	9769	HEALTH E25 Strength & Stamina Training Principles & Practices	CLOVER
12:30p.m.–1:45p.m.	9758	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304
1:30p.m.–2:45p.m.	9783	HUMDEV E06 Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults	EC 1227 408
2:00p.m.–3:50p.m.	9754	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
2:00p.m.–3:15p.m.	9777	HEALTH E38 Joint Health & Mobility	EC 1227 304

## WEDNESDAY

9:00a.m.–10:50a.m.	9784	HUMDEV E15 Senior Studies – Theater – History of Comedy	EC 1227 409
9:00a.m.–10:50a.m.	9810	PHOTO E10 Digital Photography II	EC 1227 208
9:00a.m.–10:50a.m.	9713	ART E16 Life Drawing Studio	EC 1227 205
9:30a.m.–11:20a.m.	9813	POL SC E00 Current Events	EC 1227 107
10:00a.m.–11:50a.m.	9741	ENGL E27 Poetry and Fiction	MALIBU
10:30a.m.–11:45a.m.	9792	HUMDEV E50 Communication After a Stroke	EC 1227 408
11:30a.m.–1:20p.m.	9786	HUMDEV E22 Senior Seminar: Through a Jewish Lens – Art, Culture & Entertainment	EC 1227 409
11:45a.m.–1:00p.m.	9792	HUMDEV E50 Communication After a Stroke	EC 1227 408
12:00p.m.–2:50p.m.	9726	ART E30 Watercolor Studio	EC 1227 204
12:30p.m.–2:20p.m.	9790	HUMDEV E27 Exercising the Brain	EC 1227 407
1:00p.m.–2:50p.m.	9796	MUSIC E06 Gospel Community Chorus	PAC 107
1:30p.m.–3:20p.m.	9703	ART E00 Survey of Art	ITINERARY
1:30p.m.–4:20p.m.	9781	HME EC E71 Needlecrafts II	1450 OCEAN
1:30p.m.–3:20p.m.	9791	HUMDEV E28 Communication After a Stroke (Computer Based)	EC 1227 208
1:30p.m.–3:45p.m.	9821	TH ART E30 Dramatic Interpretation Through Movies	EC 1227 107

## WEDNESDAY AND FRIDAY

8:30a.m.–10:20a.m.	9750	HEALTH E21 Yoga Health & Safety, Principles & Practices	EC 1227 308
12:00p.m.–1:15p.m.	9757	HEALTH E23 T'ai Chi Principles & Practices	EC 1227 304

## THURSDAY

9:00a.m.–11:50a.m.	9714	ART E19 Oil Painting	EC 1227 205
9:00a.m.–11:50a.m.	9724	ART E30 Watercolor Studio	ITINERARY
9:00a.m.–11:15a.m.	9745	ENGL E33 Autobiography	EC 1227 408
9:00a.m.–11:50a.m.	9749	ENGL E37 Writing Seminar	EC 1227 409
9:00a.m.–11:50a.m.	9801	MUSIC E34 Lyric Chorus	EC 1227 107
11:00a.m.–12:15p.m.	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
11:00a.m.–12:50p.m.	9808	OCC E20 Using the Internet Safely	EC 1227 208
11:30a.m.–1:45p.m.	9729	ART E80 Jewelry Making	1450 OCEAN
12:00p.m.–2:15p.m.	9728	ART E55 Sculpture	EC 1227 205
12:30p.m.–1:45p.m.	9778	HEALTH E63 Body Conditioning After a Stroke	EC 1227 307





1:00p.m.–3:15p.m.	9734 CT E00 The Fix–It Class – Repair Almost Anything	EC 1227 407
1:00p.m.–2:50p.m.	9795 MUSIC E04 Voice Training	EC 1227 107
1:30p.m.–3:20p.m.	9704 ART E00 Survey of Art	ITINERARY
2:00p.m.–4:15p.m.	9730 ART E80 Jewelry Making	1450 OCEAN
2:00p.m.–3:50p.m.	9739 ENGL E24 Bible as Literature	SM SYNG
2:00p.m.–3:15p.m.	9778 HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
3:00p.m.–4:50p.m.	9785 HUMDEV E17, Senior Seminar – Luisa R.G. Kot Concert Series	EC 1227 107

## FRIDAY

9:00a.m.–10:50a.m.	9701 ART E00 Survey of Art	EC 1227 409
9:00a.m.–11:15a.m.	9719 ART E21 Painting/Drawing, Oil and Acrylic	EC 1227 205
9:00a.m.–11:50a.m.	9725 ART E30 Watercolor Studio	ITINERARY
9:00a.m.–10:50a.m.	9731 BILING E01 Literature in Spanish	VP TERRY
9:00a.m.–10:50a.m.	9811 PHOTO E10 Digital Photography II	EC 1227 208
9:00a.m.–10:50a.m.	9819 TH ART E02 Theater Arts Appreciation	EC 1227 107
9:15a.m.–11:30a.m.	9709 ART E15 Drawing	EC 1227 204
9:30a.m.–11:20a.m.	9723 ART E24 Calligraphy II	1450 OCEAN
11:00a.m.–12:50p.m.	9773 HEALTH E34 Stress Reduction through Yoga	EC 1227 308
11:00a.m.–12:50p.m.	9803 OCC E00 Basic Computer Training (formerly Introduction to Computers)	EC 1227 208
11:00a.m.–12:50p.m.	9820 TH ART E05 Reader's Theater	EC 1227 409
12:00p.m.–1:50p.m.	9799 MUSIC E32 Music Appreciation	EC 1227 107
12:30p.m.–2:45p.m.	9710 ART E15 Drawing	EC 1227 204
12:30p.m.–2:45p.m.	9748 ENGL E33 Autobiography	MALIBU
12:30p.m.–1:45p.m.	9778 HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
1:30p.m.–3:20p.m.	9705 ART E00 Survey of Art	ITINERARY
1:30p.m.–3:20p.m.	9806 OCC E01 Word Processing	EC 1227 208
2:00p.m.–3:15p.m.	9778 HEALTH E63 Body Conditioning After a Stroke	EC 1227 307
2:00p.m.–3:50p.m.	9815 POL SC E00 Current Events	EC 1227 107
2:00p.m.–3:50p.m.	9815 POL SC E00 Current Events	EC 1227 107

## SATURDAY

8:00a.m.–9:50a.m.	9771 HEALTH E34 Stress Reduction through Yoga	VA PK
9:30a.m.–11:45a.m.	9746 ENGL E33 Autobiography	PAC 116
12:00p.m.–2:15p.m.	9747 ENGL E33 Autobiography	PAC 116
12:15p.m.–2:05p.m.	9802 MUSIC E51 Piano and Theory	PAC 206

## GRANTS

Grants are available for material or book needs for students experiencing financial difficulties. Make a confidential request to the Program Coordinator, (310) 434-4306.

## STATEMENT OF NONDISCRIMINATION

Santa Monica College fosters a work and learning environment that welcomes and supports a diverse student body and staff reflective of our pluralistic society. We are committed to equal opportunity regardless of race, color, religion, gender, national origin, age, disability, status as a Vietnam-era veteran, sexual orientation, or marital status for admission and enrollment in classes, student services, financial aid, and employment in accordance with provisions of Title VI and VII of the 1964 Civil Rights Act, Title IX of the Educational Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973 (P.L. 93-112).

Any person seeking information about or claiming grievance because of alleged violations of the laws listed above should contact:

- SMC Human Resources Office for complaints of unlawful discrimination, sexual harassment and sexual discrimination, (310) 434-4415
- ADA/504 Compliance Officer for disability discrimination concerns, (310) 434-4442

Grievances are reviewed in terms of Title VI, Title VII, Title IX, and Section 504 law. If normal channels are not available or fail to meet legal requirements, the necessary action is initiated by the college. A record of all grievances is reported to the Affirmative Action Committee.

De acuerdo con los provisos de los Títulos VI y VII de la Ley de Derechos Civiles de 1964, el Título IX de las Enmiendas Docentes de 1972 y la Sección 504 de la Ley de Rehabilitación de 1973 (P.L. 93-112), Santa Mónica College se compromete a la igualdad de oportunidades para ingresar en el College, para matricularse en las clases, para utilizar los servicios estudiantiles, para ayuda financiera y para empleo, sin discriminar por razones de raza, color, religión, sexo, país de origen, edad, impedimento físico, preferencia sexual, estado civil o por ser veterano de la época de Vietnam.

## DONATIONS

**Help provide for activities, special performances, supplies, equipment, and more. Please make checks payable to "SMC Foundation" and write "Emeritus" in the memo line. Donations can be mailed with your Emeritus registration. Please allow additional time for donation acknowledgments during peak registration periods. Thank You.**

### THIS SCHEDULE IS PREPARED BY THE SANTA MONICA COLLEGE OFFICE OF MARKETING

Donald Girard, *Senior Director, Government Relations and Institutional Communications*

Ming-Yea Wei, *Marketing Design Analyst*

Jonathan Ng, *Senior Graphic Designer*

Charles Mark-Walker, *Graphic Designer*

Vivian Chu, *Graphic Designer*

Paul Trautwein, *Web Coordinator*

*Santa Monica College Contributors:* Dr. Kathryn E. Jeffery, Dr. Dione Carter, Vivian Rankin-Scales, Jessica Riojas, Lauri Arneson, and Lucretia Crawford.



# FACILITIES

Facilities	Big Blue Bus Lines	Location
Emeritus Classrooms and Offices EC 1227 107, EC 1227 204, EC 1227 205, EC 1227 208, EC 1227 304, EC 1227 307, EC 1227 308, EC 1227 407, EC 1227 408, EC 1227 409, EC 1227 410		SMC Emeritus Campus, 1227 2nd St. (2nd & Wilshire), SM #5 and #8 Big Blue Bus stops at 3rd St. and Santa Monica Blvd. #2, #3, #Rapid 3, and #9 Big Blue Bus stops at 4th and Wilshire Blvd.  Handicapped parking and bike racks are available on the street level of city parking structure #2. Additional metered handicapped parking entrance off 2nd Court alley.
CALL US!		Call (310) 434-4306, Emeritus, 1227 2nd St. (2nd & Wilshire), SM
CMD	16, 43	SMC Center for Media & Design, 1660 Stewart St. (½ block N. of Olympic), SM
CLOVER	8, 44	Clover Park, 2600 Ocean Park Blvd. (Ocean Park & 25th), SM
DOUGLAS PARK	2, 43	Douglas Park, 2439 Wilshire Blvd. (25th & Wilshire), SM
EUCLID PARK	5, 41, 42, 44	Euclid Park, 1525 Euclid St. (between Colorado & Broadway), SM
FST PRES	2, 3, Rapid 3, 9	First Presbyterian Church, 1220 2nd St. (2nd & Wilshire), SM
1450 OCEAN	8	Camera Obscura Art Lab, 1450 Ocean Ave. (Ocean & Broadway), SM
GOOSE EGG PARK	2, 9, 18	Goose Egg Park, 700 block of Palisades Ave. (1 block North of Montana), SM
KEN EDWA	1, 2, 3, Rapid 3, 7, Rapid 7, 8, 9, Rapid 10 (weekdays), 18	Ken Edwards Center/Wise Adult Day Services, 1527 Fourth St., SM (across the street from the Santa Monica Place near 4th & Broadway)
LEVIN CTR	1	Jewish Family Services, Israel Levin Center, 201 Ocean Front Walk, Venice (off of Speedway & Ozone)
ITINERARY		Locations vary – instructor will inform class of the meeting places
LINCOLN	2, 41, 42	Lincoln Middle School, 1501 California Ave., Rm. 400 (15th & California), SM
MALIBU SR CTR	Metro 534	Malibu Senior Center, 23825 Stuart Ranch Road, Malibu
MALIBU BLUFFS	Metro 534	Malibu Bluffs Park, Michael Landon Community Building, 24250 Pacific Coast Highway (PCH & Malibu Canyon Road), Malibu
PAC	1, Rapid 10 (weekdays)	SMC Performing Arts Center, The Broad Stage & The Edye 1310 11th Street (11th & Santa Monica), SM
REED PARK	2, 18	Reed Park, 1133 7th St. (Lincoln & Wilshire), SM
SM LIB	1, 7, Rapid 7, Rapid 10 (weekdays), 18	Santa Monica Library Main Branch, 601 Santa Monica Blvd., SM
SMC	7, Rapid 7, 16, 41, 42, 43, 44	Santa Monica College Main Campus, 1900 Pico Blvd. (19th & Pico), SM
BUNDY	14, 44	SMC Bundy Campus, 3171 S. Bundy Drive (Bundy & College Dr.), LA
SM SYNG	1, Rapid 10, 42	The Santa Monica Synagogue, 1448 18th St. (18th & Broadway), SM
WISE	1, 2, 3, Rapid 3, 7 Rapid 7, 9, Rapid 10 (weekdays), 18	Ken Edwards Center/Wise & Healthy Aging Adult Day Services 1527 4th St. (4th & Broadway), SM
VA PK, VP CTR, VP PATIO, VP TERRY	7	Virginia Avenue Park, 2200 Virginia Ave. (Cloverfield & Pico), SM

## SMC AND EMERITUS PARKING:

Students attending class at 1227 2nd Street may park in the City of Santa Monica structure #2, adjacent to Emeritus on 2nd St. between Arizona and Wilshire. Parking in the City of Santa Monica lots is free for the first 90 minutes. You will be charged \$1.25 for the next hour and then \$1.85 for each additional half hour. If you have Downtown Santa Monica parking questions or problems, call the City of SM Parking Operations office at (310) 458-8295. Santa Monica College maps, transportation, and campus parking information are available online at [smc.edu/transportation](http://smc.edu/transportation). For detailed public transit information, contact: Santa Monica Big Blue Bus, (310) 451-5444 or TDD (310) 395-6024, web address [bigbluebus.com](http://bigbluebus.com); Metro, (323) GO-METRO, (323) 466-3876, web address [metro.net](http://metro.net).







A Program of Santa Monica College

# APPLICATION FORM

Mail To: SMC Emeritus, 1227 2nd Street, Santa Monica, CA 90401

Full Legal Last Name: \_\_\_\_\_ Middle: \_\_\_\_\_  
 Full Legal First Name: \_\_\_\_\_  
 Legal Permanent Street Address: \_\_\_\_\_ Apt. No.: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Mailing Address (if different from above). Include P.O. Box, City and Zip Code. \_\_\_\_\_

Area Code: \_\_\_\_\_ Telephone Number: \_\_\_\_\_ Birth Month: \_\_\_\_\_ Day: \_\_\_\_\_ Year: \_\_\_\_\_  
 Check One:  Male  Female  Winter  Spring  
 Summer  Fall

**THIS APPLICATION IS FOR:**

**YOU MUST ANSWER THE FOLLOWING QUESTIONS EACH TIME YOU REGISTER.**  
 Have you enrolled in SMC or Emeritus Classes before? YES  NO   
 Have you resided in California for at least two years? YES  NO  If NO, since \_\_\_\_\_  
 If NO, last legal resident address: \_\_\_\_\_  
 Have you been disqualified or dismissed from a college? YES  NO   
 If yes, enter college name? \_\_\_\_\_ and year \_\_\_\_\_

Section No.	Course Names	Time/Day	Section No.	Course Names	Time/Day

**WRITE ONE CODE NUMBER IN EACH BOX AT THE RIGHT: (The State requires this information for new students.)**

<b>Ethnic Background</b>	1. African American 2. American Indian/ Alaskan Native 3. White 4. Mexican/Chicano 5. Central American 6. South American 7. Hispanic Other 8. Asian Indian 9. Cambodian 10. Chinese 11. Filipino 12. Japanese 13. Korean 14. Laotian 15. Vietnamese 16. Asian Other 17. Guamanian 18. Hawaiian 19. Samoan 20. Pacific Islander
<b>Citizenship</b>	1. United States 2. Permanent Resident 3. Temporary Resident 4. Refugee/Asylee 5. Student F1 or M1 Visa 6. Other (specify below): _____ 7. Unknown 8. Foreign student taking online classes from home country.
<b>Enrollment Status</b>	If you selected No. 2,3,4,5, or 6, write in your Permanent Resident or Visa No.: _____ Issue Date: _____ 1. First time college student. 2. First time at SMC, attended another college. 3. Returning to SMC, last attended another college. 4. Returning to SMC, last attended SMC. 5. Continuing from a previous semester. 6. Special admit, currently enrolled in K-12.
<b>Educational Level</b>	Year last attended school: _____ CERTIFICATE, DEGREE OR GRADUATED FROM: 0. Non-high school graduate 1. Advanced high school 2. Adult Diploma 3. High school graduate – No college degree 4. Passed GED test 5. Received High School Proficiency Certificate 6. Foreign Secondary School Diploma 7. Earned College Associate Degree 8. Earned College Bachelor Degree or higher

**MY DONATION OF \$ \_\_\_\_\_ TO SUPPORT EMERITUS IS ENCLOSED.**  
 Emergency Contact: \_\_\_\_\_  
 Emergency Telephone No.: \_\_\_\_\_

**REQUIRED**  
**\* WITHOUT YOUR SIGNATURE AND DATE WE CANNOT PROCESS YOUR FORM**  
 I certify that the statements made in this application are true and complete to the best of my knowledge. I understand that falsification, withholding pertinent data or failure to report changes in residence may result in my dismissal.  
 Signature: \_\_\_\_\_  
 Date: \_\_\_\_\_

**YES!** Please include my name in the list of Friends of Emeritus. I have enclosed my check for \$ \_\_\_\_\_ to help support the educational opportunities at Emeritus.  
 Check payable to: SMC FOUNDATION (write "Emeritus" in the memo line)  
 \$1,000 and above The Clock Tower Society  
 \$500 to \$999 Partner  
 \$250 to \$499 Colleague  
 \$100 to \$249 Sponsor

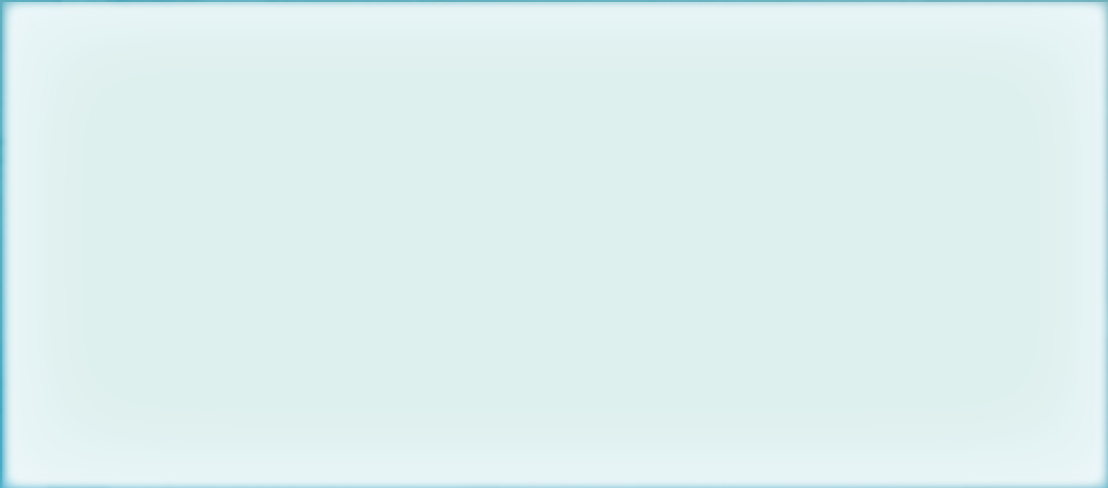
I am considering including Emeritus in my will. Please contact me with information on The Heritage Club.  
 I am interested in learning about the tax benefits of estate planning and planned giving. Please contact me.

PLEASE PRINT:  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_  
 Phone Number: \_\_\_\_\_



# EMERITUS

A Program of  
Santa Monica College



Trudy Forney, *Up for Grabs*, 15" x 11", watercolor

### Cover paintings featured in the Emeritus Gallery Show **THE ONGOING MOMENT**

Front Cover: (In alphabetical order  
from top left)

Gail Lonseth, *Change Is in the Air*,  
15" x 11", watercolor

Marcia Harris, *Eclipse of My Sun*,  
16" x 12", watercolor

Estelle Jue-clay, *Trashed*,  
15" x 11", watercolor

Gisela Mueller, *Resilience*,  
15" x 11", watercolor



Hector Chao, *Convfeffe*, 15" x 11", watercolor

### SMC EMERITUS STAFF

Dr. Dione (Dee Dee) Carter, Dean  
Vacant, Associate Dean  
Vivian Rankin-Scales, Program Coordinator  
Lauri Arneson, Administrative Assistant  
Lucretia Crawford, Temporary Administrative Assistant  
(Adult Education Block Grant)  
Jessica Riojas, Student Services Clerk

### VOLUNTEERS

Paula Van Berkomp, Mady Bergman, Judy Blits, Walter Coronel,  
Jinder Dhillon, Homa Ghadimi, Pat Gorman, Fida Habib, Jeffrey Hogue,  
Paulina Kalaj, Suzie Kim, Werner Von Der Ohe, Frances Packer, Joseph  
"Wally" Pegram, Tahereh Sheikholislam, Joseph "Joe" Sipos, Alex Vital

### EMERITUS ADVISORY COUNCIL

Judy Blits, Chair; Al Barrett, Michael Baroff, Nina Borwick, Walter Coronel,  
Jeanne Crawford, Marsha Franker, Jeffrey Hogue, Edythe London,  
Natalie Newman, Gerald Schneir, Robert Stern

### SMC BOARD OF TRUSTEES

Dr. Andrew Walzer, Chair; Barry A. Snell, Vice Chair; Dr. Susan Aminoff;  
Dr. Nancy Greenstein; Dr. Louise Jaffe; Dr. Margaret Quiñones-Perez;  
Rob Rader; Chase Matthews, Student Trustee;  
Dr. Kathryn E. Jeffery, Superintendent/President

### WHAT IS SMC EMERITUS ?

SMC Emeritus, started in 1975, is a noncredit older adult program of Santa Monica College. SMC Emeritus serves over 3,600 students annually and offers over 120 free classes of interest to senior citizens. All classes are held during the day at convenient locations throughout the community or at our home base on Second Street. The name Emeritus refers to people "retired with honor." All older adults are welcome. For more information, call the SMC Emeritus office at (310) 434-4306, visit our website at [smc.edu/emmeritus](http://smc.edu/emmeritus) or stop by our office at 1227 Second Street, Santa Monica.

### ¿ QUÉ ES SMC EMERITUS ?

SMC Emeritus, inaugurado en 1975, es un programa de Santa Monica College para personas de edad avanzada. SMC Emeritus sirve a más de 3,600 estudiantes anualmente y ofrece más de 120 clases gratis de interés para las personas mayores. Todas las clases son ofrecidas durante el día en localidades distribuidas convenientemente a través de la comunidad o en nuestra casa sede en Second Street. El nombre Emeritus se refiere a las personas "jubiladas con honor." Todas las personas mayores son bienvenidos. Para más información, llame a la oficina de SMC Emeritus al teléfono (310) 434-4306, visite nuestra página en la red [smc.edu/emmeritus](http://smc.edu/emmeritus) o visítenos en nuestra oficina localizada en 1227 Second Street, Santa Monica. Ofrecemos clases enseñadas en español. Busque adentro de este catálogo para más información.

Cover Design: Charles Mark-Walker

# SMC Emeritus Spring 2018 Schedule of Classes