



# EMERITUS

A Program of  
Santa Monica College

**A Free Lifelong Learning Program for Adults 55+**



**Schedule of Classes | Fall 2024 | Aug 26 – Dec 14**

# REGISTRATION

## IMPORTANT DATES

Classes for the fall semester are happening in distance education and on-ground environments.

Thursday, May 30, 2024	Schedule available online at <a href="http://smc.edu/emeritus">smc.edu/emeritus</a>
Monday, July 15, 2024	First day of Registration/Enrollment
Monday, August 26, 2024	FALL SEMESTER BEGINS
Monday, September 2, 2024	Labor Day (no classes/campus closed)
Monday, November 11, 2024	Veterans Day (no classes/campus closed)
Thursday, November 28, 2024	Thanksgiving Holiday (no classes/campus closed)
Friday, November 29, 2024	Native American Day (Observed) (no classes/campus closed)
Saturday, December 14, 2024	FALL SEMESTER ENDS

## HOW TO REACH US



1227 2nd Street, Santa Monica, CA 90401  
Business Hours: Mon. – Fri., 8:30 a.m. – 4:30 p.m.  
Telephone: 310-434-4306  
Email: [emeritus@smc.edu](mailto:emeritus@smc.edu)  
Web: [smc.edu/emeritus](http://smc.edu/emeritus)

## ENROLLMENT SERVICES OPTIONS

The Emeritus Enrollment Services Office is open for enrollment assistance Monday – Friday, 8:30 a.m. – 4:30 p.m.

You must enroll every semester. *For the 2024 fall semester, you may initially enroll in a maximum of four (4) classes. Two weeks prior to the start of the fall semester, this cap will be lifted, and you may enroll in additional classes when space is available. Please note: The same enrollment rules apply; therefore you will not be able to enroll in duplicate sections of the same course or enroll in a class that causes a time conflict.*

## NEW AND RETURNING STUDENTS

NEW STUDENTS are students without an SMC Student Identification Number. RETURNING STUDENTS are students who have been away from classes for three (3) or more semesters. New and returning students may register and enroll using either the application form in the back of this schedule or the fillable PDF application at [smc.edu/emeritus](http://smc.edu/emeritus). Please note that a typed signature on the fillable online application is acceptable. Please send the completed application as an attachment to [emeritus@smc.edu](mailto:emeritus@smc.edu). You may also fill out an application in person, mail or place the completed application in the SMC Emeritus mail slot located near the front door of 1227 2nd Street. After you complete your registration, you will receive an email with your student ID number, username, and temporary password to activate your SMC online account, along with instructions to follow at [smc.edu/activate](http://smc.edu/activate).

## CONTINUING STUDENTS

CONTINUING STUDENTS are students actively enrolled in the current or either of the previous two (2) semesters. Continuing students may enroll online at [smc.edu/cc](http://smc.edu/cc) by using the fillable PDF application available at [smc.edu/emeritus](http://smc.edu/emeritus) or by using a paper enrollment application. At least two weeks prior to the start of enrollment, Continuing Student Enrollment Cards are mailed to the address on record. At the top of the form, you will find your online enrollment appointment date/time, which will rotate to an earlier appointment each semester. For immediate processing, enroll online on your appointment date/time (or any time thereafter) using the SMC Corsair Connect system at [smc.edu/cc](http://smc.edu/cc). If you are not assigned an online enrollment appointment, you **cannot** enroll online.

If you prefer, you may use the fillable PDF application at [smc.edu/emeritus](http://smc.edu/emeritus), your Continuing Student Enrollment Card, or the paper application form at the back of this printed schedule, and return the form via email attachment to [emeritus@smc.edu](mailto:emeritus@smc.edu). You may also fill out an application in person, mail or place the completed form in the SMC Emeritus mail slot located near the front door of 1227 2nd Street. Only continuing students who received an online enrollment appointment may use authorization codes given to them by faculty to enroll in closed classes after the start of the semester. If you receive an authorization code from an instructor for a closed class, enroll in the class online at [smc.edu/cc](http://smc.edu/cc). If you have not previously activated your SMC online account, you must use your student ID number, username, and password to complete the one-time process at [smc.edu/activate](http://smc.edu/activate).

## ONLINE ENROLLMENT SYSTEM FOR CONTINUING STUDENTS: CORSAIR CONNECT

The online enrollment process at Emeritus takes place through SMC's Corsair Connect system at [smc.edu/cc](http://smc.edu/cc). Online enrollment appointments are computer generated and rotate to a previous day each term. Online enrollment gives continuing students the best odds for successful enrollment. Enroll online on your appointment date/time or any time thereafter. Detailed online enrollment instructions are available at [smc.edu/emeritus](http://smc.edu/emeritus) or in the Emeritus Enrollment Services

Office. Emeritus mini computer lab volunteers can assist you with online enrollment when the mini lab is open.

- Go to [smc.edu/emeritus](https://smc.edu/emeritus) – Click on the helpful links located on the left side of the page for instructions for online enrollment, Corsair Connect, a searchable schedule (to find which classes are open), and other useful information.
- Go to [smc.edu/cc](https://smc.edu/cc) – Use “Corsair Connect” to enroll online. Make sure you have your SMC/Emeritus username, password, and desired class section numbers available. If you cannot log in or have forgotten your password, please see [smc.edu/studentithelp](https://smc.edu/studentithelp).
- For the link to the searchable schedule, visit [smc.edu/searchclasses](https://smc.edu/searchclasses). Once on the searchable schedule page, select the (1) Semester (e.g. Fall 2024), (2) Class Type (Emeritus), (3) Class Modality (All), and (4) Class Status (Open & Closed). Scroll down and click the “Search” button. A listing of classes will appear below the “Search” button. Click the right arrow at the bottom of the page to access the next set of classes.

## APPLICATION FORM FOR ENROLLMENT

The fillable PDF application form is available online at [smc.edu/emeritus](https://smc.edu/emeritus). A typed or signed signature is required before sending the application as an email attachment to [emeritus@smc.edu](mailto:emeritus@smc.edu).

If you choose to use the paper application located in the back of this schedule, you may drop it off or mail it to the Emeritus office. You may scan/take a photo and send the form as an email attachment to [emeritus@smc.edu](mailto:emeritus@smc.edu).

- Fill out the form completely, sign, date, and provide an emergency contact and number on the form.
- List courses in priority order. Do NOT enroll in duplicate sections of the same course or classes that overlap in time.
- Write “Alt” to indicate your second choice for a better chance of getting a course of your choice.
- Write in a personal email address on your enrollment form.

All enrollment forms — whether completed in the Emeritus office, dropped off, emailed, placed into the mail slot near the front door of Emeritus, or mailed — are processed on a daily basis after all the continuing student online appointments have expired.

## NOT ABLE TO ENROLL?

If you are unable to enroll because of missing application information, a required instructor code change, unpaid for-credit course fees, a records hold, disqualification status, or any other reason, please contact the Emeritus office for information. If you are unable to enroll due to a closed class, please see the Closed Classes/Wait List section below. If you are having any other enrollment issues, call the Emeritus office at 310-434-4306 for assistance.

## TRANSACTION RECEIPT/CONFIRMATION OF ENROLLMENT

If you enroll online, you will not be sent a transaction receipt via US mail. Instead, you must print your transaction receipt through Corsair Connect at [smc.edu/cc](https://smc.edu/cc). If you have submitted a paper application for

enrollment, you will receive a transaction receipt via US mail and email. If a class you selected is not listed, that indicates that the class is filled, or that there is a time conflict with another class you enrolled in, or that you tried to enroll in two sections of the same course. The class ID numbers are listed on the upper left of the confirmation/receipt.

## CLOSED CLASSES / WAIT LIST

For closed classes, if you enroll online, you can add yourself to the wait list by clicking “Wait for a Class.” If you submit a paper enrollment form, you will automatically be added to the wait list. The maximum length of a wait list is approximately 30% of the maximum capacity for the class. The wait list is in chronological order, with the student who joined the list the earliest at the top (#1). Once the class starts, instructors will use the wait list as a reference to issue authorization (add) codes or sign add cards/continuing student forms. The wait list will be updated as students enroll in the class or remove themselves from it. When a seat opens up in a class, all active students on the wait list will be sent an Open Seat Notification to their SMC email account. The open seat is available on a “first to enroll” basis; therefore the person who enrolls first gets the seat. Being on the wait list or receiving an Open Seat Notification does not guarantee an actual seat to anyone. For a better chance of getting the open seat, check your SMC email regularly and register online.

## GENERAL INFORMATION AND ENROLLMENT TIPS

- Courses are free, but we gladly accept donations.
- Attend the first class or you may be dropped. Regular attendance throughout the semester is expected or you may be dropped from the class.
- Low enrollment and low attendance may cause class cancellations.
- Only enrolled students may attend and participate in a class.

## ADDRESS CHANGES

For address changes, either use an address change card or make changes online at [smc.edu/emeritus](https://smc.edu/emeritus). In the menu on the left side of the page, click on “Corsair Connect” and log in. Then, click “View/Edit Profile” on the left side of the page. Here you will be able to update your address, emergency contact, and personal email address.

## EMERGENCY INFORMATION

Help us help you. Make sure your emergency information is current each term. Students may update their emergency contact in Corsair Connect at [smc.edu/cc](https://smc.edu/cc) or on the enrollment application.

## SCHOLARSHIPS/GRANTS

Scholarships and grants are available for materials or books for students experiencing financial difficulties. Make a confidential request to the Program Coordinator by calling 310-434-4306.

See page 4 for more distance education information.

# DISTANCE EDUCATION INFORMATION

ALL students enrolling in distance education classes must set up or activate their SMC **Corsair Connect** account. Through Corsair Connect, you can view enrollment results, enroll online after your initial semester as an SMC Emeritus student, and receive communication from your instructors through your SMC student email account.

## ONLINE CLASSES

To attend classes and activities online over the internet, you will need a computer, smartphone, or other suitable device (iPad, Android tablet, Chromebook, etc.). If you do not have a suitable device, contact the Emeritus office to discuss options.

Course materials, including Zoom links for class, will be sent to your SMC student email address, which is automatically created for you upon admission (see below).

## PERSONAL EMAIL ADDRESS IS REQUIRED

**As of February 1, 2021, you are required to have a personal email address in addition to your SMC student email address.**

While SMC will communicate with you primarily through your SMC student email address, your personal email address is **required** so you can receive startup instructions. You may provide your personal email address by going to [smc.edu/emeritus](https://smc.edu/emeritus), clicking on “Application Form,” and emailing the completed form to [emeritus@smc.edu](mailto:emeritus@smc.edu).

If you have an active Corsair Connect account, you may provide or change your personal email address after login at [smc.edu/cc](https://smc.edu/cc).

1. Click on “View/Edit Profile” on the “Home & Profile” page;
2. Click on Profile/Preferences; and
3. After making the update, click “submit changes”

## WHAT WILL BE SENT TO YOUR PERSONAL EMAIL ADDRESS

SMC will email three items of information to your personal email address after you are admitted. You may have to click on a button in an email to receive additional information in another email. You will be sent:

1. Your SMC student ID number,
2. Your assigned SMC username,
3. Your temporary password (which is in the same email as your username).

## YOUR ASSIGNED STUDENT EMAIL ADDRESS

*Upon your admission, an SMC student email address is automatically created for you.* Check your student email account often, as most communication from Emeritus will be sent to your student email address. Go to [smc.edu/google](https://smc.edu/google) for more information.

Student email addresses are provided by Google Gmail, but each address ends with [@student.smc.edu](mailto:@student.smc.edu). Your assigned SMC student email address is always your **SMC username** followed by [@student.smc.edu](mailto:@student.smc.edu)

Example username: **last\_first01**

Example student email address: **last\_first01@student.smc.edu**

## WHAT TO DO

- A. After you receive the three items listed above, complete the one-time “activation” of your SMC username, set up your new password, and join the sign-on system by watching the video and following the Emeritus student instructions appropriate for you at [smc.edu/activate](https://smc.edu/activate).
- B. Remember or write down the password you set during the activation. You can log in to all SMC computer systems with your SMC username and password.
- C. After you complete the activation, log in to the **Corsair Connect** student self-service system at [smc.edu/cc](https://smc.edu/cc) to see the list of classes you are enrolled in.
  - Detailed instructions for Corsair Connect are available online at [smc.edu/ccguide](https://smc.edu/ccguide).
  - You may add or drop classes with a course “section” number, found in the schedule of classes.
- D. Sign in to Corsair Connect at [smc.edu/cc](https://smc.edu/cc), then click the “SMC Email” link on the left side navigation. Log in to your SMC student email account to see if an instructor or SMC has sent you anything yet.
- E. Instructors usually send course materials, including Zoom links, a day or two before the first class. If you do not receive your materials by then:
  1. Find the instructor’s name on your Corsair Connect class list (or the published schedule of classes).
  2. Find the instructor’s email address at [smc.edu/directory](https://smc.edu/directory).
  3. Email the instructor from your SMC student email address. Antispam systems sometimes block emails from nonSMC systems, so anything you send from a nonSMC email address might not be received.
- F. If you have questions about how to add classes, please contact the Emeritus office.
- G. If you have questions about your password, email account, or other College computer technology issues, please see the webpage at [smc.edu/studentithelp](https://smc.edu/studentithelp).



# Welcome to SMC Emeritus!

Dear Emeritus Community,

Welcome to fall 2024 at SMC Emeritus!

We're excited to introduce some fresh additions and updates to our fall 2024 catalog. Our dedicated Emeritus faculty have been working diligently to ensure that our offerings remain relevant and engaging for all students.

As you browse our class listings, you might notice several "new" classes. Some are entirely new offerings, such as "Walking for Wellness" and "The Perils of Social Media." Others are beloved courses that have been revamped to better reflect their content. For example, our HEALTH E25 course, traditionally taught as Pilates, has now been supplemented with a new class: HEALTH E85 Pilates Level 1. This change allows you to enroll in multiple sections, enhancing your learning opportunities.

On behalf of the SMC Emeritus program, I extend a heartfelt welcome to all students joining us this fall. As you explore our fall 2024 schedule, you'll see a variety of online, in-person, and hybrid classes. All classes are free and have open enrollment, allowing you to join at any point during the semester. Please note that class locations may be subject to change as circumstances evolve.

We look forward to a wonderful semester with you!

Best regards,

Guadalupe Salgado  
Associate Dean (Interim) of SMC Emeritus

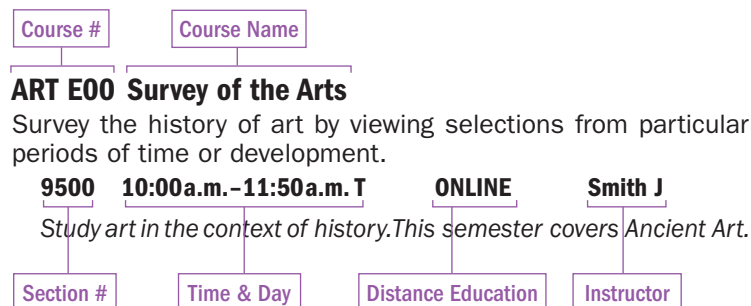


## IMPORTANT NOTES TO STUDENTS:

SMC Emeritus will offer **Distance Education (ONLINE)** and **on-ground** classes for the 2024 fall semester. COVID safety requirements are subject to change. Visit [smc.edu/coronavirus](https://smc.edu/coronavirus) for SMC's current requirements. Most online classes will be synchronous and happen at the time scheduled, through Zoom or another platform. Some will be asynchronous, where you can complete the course on your own schedule. The instructor for each class you enroll in will send you more information prior to the first class meeting. **Please activate your SMC Gmail account in order to receive your instructor's Distance Education online class access information.**

- If you have not received information from your instructor prior to the day before the first class period, go to [smc.edu/emergitus](https://smc.edu/emergitus) and click on the "About Faculty" page to find the instructor's email address.
- See page 4 for details on how to access Distance Education information.
- Visit [smc.edu/emergitus](https://smc.edu/emergitus) for facilities, parking, and transportation information.
- If you have concerns or questions about privacy, contact the Program Coordinator at 310-434-3851.
- Schedule is subject to change without notice.
- If you need disability accommodation, please see page 22.

## HOW A COURSE IS LISTED IN THE SCHEDULE:



The section number of the course must be placed in the "section" field on the application form or add card for correct enrollment.

## Abbreviation of Days

- |               |                          |
|---------------|--------------------------|
| M = Monday    | S = Saturday             |
| T = Tuesday   | MW = Monday & Wednesday  |
| W = Wednesday | MF = Monday & Friday     |
| Th = Thursday | TTh = Tuesday & Thursday |
| F = Friday    | WF = Wednesday & Friday  |

## Check Out the EMERITUS WEBSITE [smc.edu/emergitus](https://smc.edu/emergitus)

- Enrollment information and instructions
- Schedules of classes
- Ways to support Emeritus
- Emeritus news and information
- The Emeritus Voice newsletter
- Emeritus Gallery shows and events
- Contact information for Emeritus
- And more....



## ARTS & CRAFTS

### ART E00, Survey of Art

This course provides older adult students with in-depth knowledge about the chronological, social, and historical development of art and/or architecture. Older adults investigate the history of art and view selections from different time periods, regions, or developmental stages, and compare and contrast artwork from different periods with their peers.

**9701 9:00a.m.-10:50a.m. F ONLINE Gonzales L**  
**9702 10:00a.m.-11:50a.m. T ONLINE Benson J K**  
**9703 10:00a.m.-11:50a.m. T ONLINE Taylor V**

*Still Life across cultures in the history of art with a focus on types of art production and media from prehistory to the present.*

**9704 11:00a.m.-12:50p.m. Th ITINERARY Taylor V**

*Some weeks this class will meet in various galleries, and some weeks will meet online.*

**9705 1:30p.m.-3:20p.m. W ITINERARY Harrison A B**

*Some weeks will meet in various galleries, and some weeks will meet online.*

**9706 1:00p.m.-2:50p.m. Th EC 1227 408 Willman H**

### ART E15, Drawing

This course provides a supportive atmosphere for older adults — from beginners to more advanced students — to explore and experiment with self expression through drawing. Older adult students learn drawing skills, elements of design, composition, and creativity, as well as drawing techniques for representative or stylistic effect. As well, students learn to interpret the perceived “real world” in a two-dimensional field, and to improve their observation and hand-eye coordination. The course focuses on the processes by which one makes art, exposes students to different approaches, and challenges students to think about what they are doing or trying to do.

**9708 9:30a.m.-11:45a.m. Th EC 1227 205 Donon S G**

*Advanced and experimental drawing: Focus on structure, form, value, and visual perception. Discussion and attention are given to theories of contemporary practices in art. Computer access from home may occasionally be necessary.*

**9709 10:30a.m.-12:20p.m. T MALBU 220 Staff**

*Above section meets at the Malibu Campus, 23555 Civic Center Way, Malibu.*

**9710 12:30p.m.-2:45p.m. F ONLINE Tirr C A**

*Drawing in color media: Beginning and advanced techniques using colored pencils and pastels to draw still life studies, landscapes, and cityscapes. Some drawing experience is helpful.*

### ART E16, Life Drawing Studio

This course provides an opportunity for older adults to learn to see the human form and draw the anatomy of the human figure. This supportive class explores basic anatomy, movement, and skeletal structure of the figure using live models. Through demonstrations, class exercises, individual instruction, and guidance, beginning students learn basic life drawing skills, while more advanced students sharpen their skills in capturing the physical attributes of the model and expressiveness of the pose.

**9711 9:00a.m.-11:50a.m. M EC 1227 204 Adams L K**

*Draw the human form from a live model. Learn basic drawing skills, perception, and eye-hand coordination, and elements of design, composition, and creativity.*

**9712 9:00a.m.-11:50a.m. T ONLINE Adams L K**

*Painting the human form — long pose for painting.*

**9713 9:30a.m.-12:20p.m. Th MALBU 220 Harrison A B**

*Above section meets at the Malibu Campus, 23555 Civic Center Way, Malibu.*

### ART E19, Painting

This course enhances older adults’ artistic creativity and painting skills through positive motivation and instruction in oils and acrylics techniques that may use the palette knife for effect. Older adults learn how to select supplies and equipment, and basic elements of composition. Painting projects, demonstrations, group critiques, and discussions are used to explore two-dimensional artwork.

**9714 9:00a.m.-11:50a.m. W ONLINE Tirr C A**

*Painting in a variety of media and techniques: acrylics, oils, grounds, washes, layering, color mixing, and finishes.*

**9715 9:30a.m.-12:20p.m. W EC 1227 204 Donon S G**

*This section focuses on watercolor, acrylic, and oil.*

**9716 1:00p.m.-3:50p.m. T ONLINE Burchman J H**

**9717 1:00p.m.-3:50p.m. W ONLINE Adams L K**

*Painting for persons at all levels of skill.*

**9718 1:20p.m.-4:20p.m. Th MALBU 220 Harrison A B**

*Above section meets at the Malibu Campus, 23555 Civic Center Way, Malibu.*

### ART E20, Drawing and Painting

This course provides older adults with a supportive environment for instruction in drawing and painting. Older adults, from beginners to more advanced students, maintain or improve their drawing and/or painting skills in a constructive environment, and learn about space, line, value, and color in a workshop atmosphere.

**9719 11:00a.m.-1:15p.m. F ONLINE Benson J K**

*Drawing and painting with emphasis on the portrait. Studio time split between working with live models and other in-class exercises.*

**9720 12:30p.m.-2:45p.m. M EC 1227 205 Staff**

*Drawing and painting, from pencil to pastel. Work in any dry medium. Develop your sense of composition, value, color, and technique. Draw and paint still-lives, landscapes, and possible “plein air” sessions in a workshop atmosphere. Friendly critiques.*

**9721 1:00p.m.-3:50p.m. M MALBU 220 Tirr C A**

*Above section meets at the Malibu Campus, 23555 Civic Center Way, Malibu.*

### ART E21, Painting/Drawing, Oil and Acrylic

This course enhances older adults’ artistic creativity and painting skills through positive motivation and instruction in oils and acrylic techniques. Older adults learn basic painting techniques, the elements of composition, and how to select

**LOS ANGELES COUNTY**

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and use materials. Painting projects, demonstrations, and group critiques are used to explore two-dimensional artwork.

**9722 12:30p.m.-2:20p.m. M EC 1227 204 Adams L K**  
*Painting and drawing for all levels.*

TRIBUTE

**9723 1:30p.m.-3:45p.m. Th ONLINE Benson J K**  
*Interdisciplinary studio. For persons at all levels of skill. Learn about concept, composition, value, and color in a workshop atmosphere. This section is endowed in the memory of Francis J. Abrahams.*

**9724 2:30p.m.-4:20p.m. M EC 1227 204 Adams L K**

## ART E22, Watercolor

This course allows older adults who have never used watercolors to acquire a strong foundation in watercolor techniques, and provides those students with some watercolor experience with a strongly supportive peer group in which to paint. Older adult students learn watercolor techniques and methods, as well as washes, brush strokes, color, value, and composition.

**9725 9:00a.m.-11:15a.m. T ONLINE Manseau F J**  
*Designed for beginning watercolorists. A techniques and methods class concentrating on the "how" of the medium: washes, brush strokes, color, value, and composition.*

**9726 11:30a.m.-1:45p.m. T ONLINE Manseau F J**  
*Intermediate watercolor. Review basics and further develop techniques toward a more personal creative result. Designed for students with some experience. The majority of students in this studio class have watercolor painting experience, so any beginners should know that I will need to divide my instruction time between both levels. Note that my ART E22 9725 class is strictly a beginners level.*

**9864 9:00a.m.-11:15a.m. W ONLINE Harrison A B**

## ART E23, Calligraphy for Older Adults

This course assists older adults in acquiring basic skills in calligraphy to use for personal growth, self expression, or for family and volunteer projects. Older adult students learn the tools and equipment needed to write the beginning calligraphy alphabet, as well as fundamental calligraphy techniques.

HYBRID CLASS

**9727 2:00p.m.-4:00p.m. F EC 1227 205 Martorello J M**  
*Add grace and style to all of your handwritten projects. This term will focus on the beautiful and popular style of Italic. We will start from the very beginning, building your knowledge of the hand and the fundamental skills needed to support your calligraphic journey. Classes taught online with Hybrid Zoom/In Person meeting once per month TBD.*

## ART E24, Calligraphy II

This course expands older adults' knowledge of calligraphy and everyday calligraphic forms to use for personal growth, self expression, or for family and volunteer projects. Older adult students learn the tools and equipment needed to write the calligraphy alphabet, as well as fundamental calligraphy techniques, lettering styles, and display methods.

HYBRID CLASS

**9728 9:30a.m.-12:20p.m. F EC 1227 204 Martorello J M**  
*A variety of different styles is offered each term, with variations ranging from traditional to modern adaptations. Topics include layout, use of color, and practical applications. Add style and grace to all of your handwritten projects. Taught as Hybrid Zoom/In Person meeting once per month TBD.*

## ART E30, Watercolor Studio

This course allows older adults who have never used watercolors to acquire a strong foundation in watercolor techniques, and provides those students with some watercolor experience with a strongly supportive peer group in which to paint. Older adult students learn watercolor techniques and methods, as well as washes, textures, color, value, and composition.

**9729 9:00a.m.-11:50a.m. Th EC 1227 204 Manseau F J**

*The majority of students in this studio class have watercolor painting experience, so any beginners should know that I will need to divide my instruction time between both levels. Note that my ART E22 9725 class is strictly a beginners level.*

**9730 9:00a.m.-11:50a.m. F ITINERARY Tirr C A**

*An outdoor, "plein air" class meeting at a variety of locations for instruction in techniques, composition, selection of subject, and quickly capturing a landscape. Critiques are at the easel. The first class meeting is at Tongva Park, 1615 Ocean Ave.*

**9731 12:30p.m.-3:20p.m. W ONLINE Tirr C A**

*Studio watercolor covering the basics with a focus on strong composition and an understanding of the medium.*

## ART E55, Sculpture

This course introduces older adults to three-dimensional design principles and elements, and helps them create expressive works of sculpture. Older adults learn to appreciate sculpture as a medium of self expression, and use a combination of materials and techniques to create a sculptural form and develop an expressive idea using a variety of materials, including items from everyday life. Students are required to purchase or bring their own materials.

**9732 11:00a.m.-1:15p.m. Th ONLINE Benson J K**

*Become inspired creatively in three dimensions. Material options to be discussed on first day of class. Students will be introduced to sculpture processes involving clay, paper, wire, balsa wood, found objects, plaster of Paris, mold-making rubber, and casting resin.*

## ART E80, Jewelry Making

This course provides older adults with an opportunity to create pieces of jewelry and learn an assortment of different techniques involved in creating jewelry. Students also learn about the wide range of materials available for making jewelry. Older adults make bracelets, earrings, and necklaces using techniques such as wire wrapping and bending, macrame, pearl knotting, crimping, and bead-weaving. Each week students learn a new technique and make a piece of jewelry using that technique.

**9733 11:30a.m.-1:45p.m. Th ONLINE Ryza S V**

*Advanced Jewelry Making: New, more advanced projects weekly — bead stringing, wirework, bead weaving, knotting, chain maille, and more. Students should master basic jewelry skills taught in the beginning class prior to enrolling. Guidelines for tools and materials purchasing will be given in class.*

**9734 2:00p.m.-4:15p.m. Th ONLINE Ryza S V**

*Beginning/Intermediate Jewelry Making: New projects weekly — a wide range of jewelry-making techniques will be covered, including bead stringing, wirework, bead weaving, knotting, chain maille, and more. Guidelines for tools and materials purchasing will be given during class.*

## HME EC E71, Needlecrafts II

This course provides a supportive, stimulating, and creative environment for older adults to create handmade needlework or other fiber arts projects using an assortment of techniques, including knitting, crochet, needlepoint, weaving and macrame. Beginning students will learn basic skills; students with some experience in needlework will learn more advanced techniques.

**9801 1:30p.m.-4:20p.m. W ONLINE Ryza S V**

*In this friendly, relaxed, social class, learn a wide variety of needlecraft techniques, including knitting, crochet, embroidery, weaving, macrame, needlepoint, and others. New projects are presented each week. Class is suitable for complete beginners or more advanced students. Students choose which projects they want to pursue while learning all the presented techniques.*



## EMPLOYMENT FOR SENIORS – COMPUTER TRAINING

REGISTER FOR ONE LEVEL ONLY WITHIN THE COMPUTER COURSES. The levels/content areas are:

- Basic Computer Training
- Word Processing – Beginning
- Word Processing – Intermediate
- Data Management
- Working with Photos
- Working with Videos
- Using the Internet and Internet Safety

Students will learn how to use computers confidently, and become familiar with basic concepts, terms and skills related to the Microsoft Windows Operating System and other software programs. Students will need a flash drive. Depending upon the instructor, a textbook may be used for this course. Your instructor will provide details.

### OCC E03, Optimizing Your Smartphone & Tablet

In this class, Emeritus students learn to use their tablet or smartphone to increase social connections, access vital resources, and best accommodate individual needs. Topics include, but are not limited to: common functions, features, and components of your mobile device; managing your device account; using pre-installed and third-party apps for communication, organization, health, entertainment, ride sharing, etc.; downloading new apps; navigating various screens on your device; common safety practices; and more. Smartphones and tablets are not provided.

**9853 9:00a.m.-10:50a.m. W ONLINE Simmonds A R**  
 This class will focus on Android devices.

### OCC E08, Word Processing

Formerly OCC E01.

This course assists Emeritus students in acquiring the skills necessary to use word processing software. Students learn to create, save, and retrieve documents and gain consumer and personal management skills. The pace of the course is designed to meet the needs of students who are at least somewhat familiar with computer technology.

**9863 3:00p.m.-4:50p.m. M ONLINE Woolen D W**  
 This is an intermediate course. Students should have access to Microsoft Office 2021 or Microsoft 365 for Windows or Mac. A free, limited web version of MS Office is also available online.

### OCC E10, Using Data Files

This course helps older adults understand how to use tables and data files to create mailing labels, financial records for taxes, or work in a volunteer or paid job requiring these and other consumer skills. The course is offered at a pace that helps older adults maximize their knowledge retention and continue learning.

**9828 11:00a.m.-12:50p.m. M ONLINE Simmonds A R**  
 The above section 9828 focuses on Intermediate Word, Powerpoint, and Beginning Excel techniques.

### OCC E20, Using the Internet Safely

This course focuses on ways students can better protect themselves in a new technological environment and use the Internet to find valid information. Best practices in virus protection and using e-mail are discussed. In addition, students examine and discuss their computer and internet needs for personal and professional use.

**9829 9:00a.m.-10:50a.m. M ONLINE Woolen D W**

**9830 11:00a.m.-12:50p.m. M ONLINE Woolen D W**

This section focuses on using the internet and social media safely on all devices: computers, smartphones, tablets, etc.

### OCC E21, The Perils of Social Media

This course will teach Emeritus students the power and influence of social media such as Instagram, Facebook, X (formerly known as Twitter), YouTube, TikTok, and many others. Politicians, pundits, celebrities, and influencers all use some form of social media, in order to get their message across to their audience. But with great power comes great responsibility. This class will teach students the critical thinking skills needed to discern the advantages of the use of social media, and the perils that come along with it.

 **9855 1:00p.m.-2:50p.m. F EC 1227 208 Rodriguez J E**  
 This is a hybrid class. Instructor will provide link for students wishing to join remotely.

### PHOTO E00, Digital Photography I


This course assists older adults in selecting and using digital cameras. Older adults are encouraged to take photographs, keep photographic records, use photography as a means of self-expression, and share their vision and photographic experiences with others.

**9831 9:00a.m.-10:50a.m. T ONLINE Cohen Mar A**

Digital photography for those who want to expand their photographic abilities. Novice digital photographers are most welcome. Free image editing programs such as Picasa and FastStone will be explored. Guidelines for using your camera, composition, and exposure will be discussed. Students are urged to bring a few pictures on flash drives along with their cameras and manuals to class. No computer knowledge is required.

### PHOTO E20, Photoshop/Computer Software Photo Editing

This course teaches Emeritus students the skill of using Adobe Photoshop Elements. Students will learn how to create, repair, and modify their personal images/photographs. In addition, students will be taught how to create composite images such as illustrations, logos, and advertisements that are commonly found in magazines, journals, and the internet. As a result, students will gain an understanding of using Photoshop as a means of self-expression.

 **9857 11:00a.m.-12:50p.m. F EC 1227 208 Rodriguez J E**  
 This is a hybrid class. Instructor will provide link for students wishing to join remotely.

## HEALTH & CONDITIONING

### HEALTH E08, Walking for Wellness

This class includes a theme-based facilitated group walking practice with warm up, stretch, and cool down. Emeritus students will experience walking as a simple way to boost activity levels while improving overall health and well-being while being out in nature. All fitness levels welcome, but class is geared towards beginners. Students are encouraged to keep a journal/log of their progress.

**9859 9:00a.m.-10:00a.m. MW ITINERARY Chiba S**

### HEALTH E10, Movement and Conditioning for Older Adults

This course helps older adults maintain or improve their physical health, muscle strength, coordination, and cardiovascular conditioning by engaging in low-impact aerobic exercises, some strength training, floor exercises, and stretch movements. Older adults will also increase their range of motion and flexibility with a variety of stretches to fun and lively music.

**9759 12:30p.m.-1:45p.m. TTh EC 1227 308 Chiba S**





## HEALTH E21, Yoga Health & Safety, Principles & Practices for Older Adults

This course focuses on the history, principles and practices of yoga. Designed to promote health and safety among older adults, it focuses on yoga principles and practices to enhance the health of older adults through improved flexibility, balance, range of motion, strength, lung capacity and circulation. Some course sections may focus on specific yogic methods. Some sections may include therapeutic applications of yoga to address specific health challenges for older adults. Students will be encouraged to share their physical, mental and emotional challenges in a supportive environment specifically for older adults. These challenges will then be addressed within the coursework. Students will create a Daily Personal Yoga Health Plan integrating their own personal therapeutic yoga applications. Students will be encouraged to practice daily, creating opportunities to rehabilitate challenges. The course is designed to help students to use yoga methods such as postures, breathing techniques, meditation, and visualization to enhance their confidence, health, and overall feeling of well being.

**9760 8:30a.m.-10:20a.m. WF ONLINE Dee D**  
**9761 10:00a.m.-11:50a.m. TTh ONLINE Cooper M**  
**9762 10:30a.m.-12:20p.m. TTh ONLINE Cass K**

*This is a chair based yoga class. No mat required. Learn yoga and Ayurveda wellness practices.*

**9763 11:00a.m.-12:50p.m. MW ONLINE Roseman T**  
*All classes begin with discussion and intake/inquiry guiding the specific sequencing. iRest® Yoga Nidra Meditation is included periodically. iRest® (Integrative Restoration) is an evidence-based meditation that supports anyone wanting to manage daily life stress or address chronic pain, anxiety, or depression.*  
**9764 2:00p.m.-3:50p.m. TTh EC 1227 308 Dee D**

## HEALTH E22, Chi Gong Principles & Practices for Older Adults

This course is designed to enhance the health and safety of older adults through use of the principles and techniques of Chi Gong. Based on Chinese philosophy and healing concepts, the course will include the history, theory and practice of Chi Gong, including both the Wu School and Yang Style. Included are such Chinese philosophies as Yin and Yang, the Eight Directions, and Five Element theory and their applications to healthy living. Students work at their own level to improve tone, strength, flexibility and balance. Lectures, films, texts and discussions will explore the theory and practice of this traditional Chinese method for health and healing. Students will analyze which strategies best meet their needs, and create an individual health plan integrating Chi Gong techniques into their daily lives.

**9765 9:00a.m.-10:15a.m. TTh VP CTR Shieh Y**  
*Above section meets at Virginia Avenue Park, 2200 Virginia Ave.*

## HEALTH E23, T'ai Chi Principles & Practices for Older Adults

This course offers an overview of the history, philosophy and techniques of the Chinese energy balancing health practice T'ai Chi Ch'uan. With a focus on enhancing healthy aging for older adults, the course offers strategies for improving balance and posture; increasing flexibility and endurance, reducing stress, and promoting relaxation and mindfulness. The course shows older adults how to avoid injury, conserve energy and use the body in an ergonomic manner. Students will create a personal health plan integrating T'ai Chi principles and techniques into their daily lives.

**9766 9:00a.m.-10:15a.m. MF VP CTR Akers P A**  
*Above section meets at Virginia Avenue Park, 2200 Virginia Ave. Beginner and intermediate levels. Learn the Yang Style Slow Set from the beginning with focus on sections one and two.*

**9767 12:00p.m.-1:15p.m. WF VA PK Nardini A S**  
*Above section meets at Virginia Avenue Park, 2200 Virginia Ave. Intermediate and advanced levels. This class is not appropriate for beginners. Students must have already learned the entire Yang Style Slow Set (108 moves). If you do not know the whole Slow Set, please join the beginner class section of this course with the same instructor to learn from the beginning.*

**9768 12:30p.m.-1:45p.m. TTh ONLINE Terry Jr P W**  
*This section is for intermediate and advanced students only.*

**9769 1:15p.m.-2:30p.m. MW EC 1227 308 Terry Jr P W**  
*This section is for beginners.*

**9770 1:00p.m.-2:15p.m. MF EC 1227 304 Akers P A**  
*For intermediate and advanced students of the Yang Style Slow Set. This class is not appropriate for beginners.*

**9771 2:00p.m.-3:15p.m. WF VA PK Nardini A S**  
*Above section meets at Virginia Avenue Park, 2200 Virginia Ave. In this section for beginners, learn the Yang Style Slow Set from the beginning. Intermediate students are welcome to join, to refine their performance of the movements.*

# YOU'VE GOT SMC EMAIL!

Every Emeritus student is assigned an SMC student email address for official communication with the College, including class messages. Check your student email account regularly after completing the one-time activation of online services at [smc.edu/activate](https://smc.edu/activate).

An overview of each SMC online service, instructions on how to ask for help, and an alternate direct link to student email are at [smc.edu/studentithelp](https://smc.edu/studentithelp).

A self-help menu for resolving login problems is at [smc.edu/studentaccounthelp](https://smc.edu/studentaccounthelp).

## How do you get to your email?

- Go to the Santa Monica College website at [smc.edu](https://smc.edu)
- Click on the **Login** tab at the top of the screen and then click **Corsair Connect** below that
- Sign in to **Corsair Connect** with your assigned username and the password you previously set for yourself
- Click **SMC Email** in the Corsair Connect menu
- Email is a separate online service, so enter your username and password again on the SMC **SIGN-ON** page



# COURSES FOR OLDER ADULTS

## HEALTH E24, Physical Fitness Principles & Practices for Older Adults

This course focuses on physical fitness and conditioning principles to help older adults maintain or improve their health, safety and independence. It covers basic principles of anatomy and fitness, showing older adults how to improve their cardiovascular health, muscle strength, endurance, flexibility, posture and balance. Principles of good nutrition also will be covered. Students explore movement strategies that are particularly helpful for older adults. Included are proper concepts and methods for warm-ups, stretching, low-impact aerobic activity, cool-downs, strength training and balance work. Students learn how to avoid falls and safely accommodate physical conditions and challenges. Students create a customized personal fitness and conditioning plan to suit their individual needs and physical challenges.

HYBRID CLASS

**9773 9:00a.m.-10:15a.m. M EC 1227 304 Wapner-Baart L J**  
**9:00a.m.-10:15a.m. W ONLINE Wapner-Baart L J**

*This is a hybrid class. Monday will meet on ground only and Wednesday will meet on Zoom.*

**9774 9:00a.m.-10:15a.m. TTh ONLINE Wapner-Baart L J**  
**9776 11:00a.m.-12:15p.m. TTh ONLINE Terry Jr P W**

*More suitable for intermediate and advanced students, but can be modified for beginners.*

**9777 2:30p.m.-3:45p.m. MW ONLINE Albert G S**

**9778 2:30p.m.-3:45p.m. MW ONLINE Cass K**

*A mindful fitness class, beginner level, some chair-based movements, yoga inspired.*

## HEALTH E25, Strength & Stamina Training Principles & Practices for Older Adults

This course focuses on how strength training and stamina building strategies help to promote health, safety and vitality in older adults. Principles of basic anatomy and physiology are covered. The course explores how older adults can maintain or improve their health and stamina through strength training using free weights, resistance devices and fitness techniques. The course emphasizes safe ways to start and maintain a program to increase strength, improve stamina and sustain bone density. Principles of good nutrition and stress management are included. Students create a personal fitness and strength training plan based on their individual needs and physical challenges.

**9779 8:30a.m.-9:45a.m. TTh ONLINE Regalado O**

**9780 9:00a.m.-10:15a.m. MW EC 1227 308 Huner K A**

**9781 10:00a.m.-11:15a.m. TTh ONLINE Regalado O**

HYBRID CLASS

**9783 10:30a.m.-11:45a.m. M EC 1227 304 Wapner-Baart L J**  
**10:30a.m.-11:45a.m. W ONLINE Wapner-Baart L J**

*This is a hybrid class. Monday meets on ground, and Wednesday meets online. This class has 30 minutes aerobic exercise for stamina and 20 minutes weight training for strength.*

**9784 12:00p.m.-1:15p.m. TTh ONLINE Wapner-Baart L J**

*This section is a line dancing class. Research shows that line dancing to all forms of music and types of dances is beneficial in many ways. Line dancing improves cardiovascular function, endurance, bone strength, muscular strength, memory, and brain function. All this while having fun, too! Learn new choreography each week. No partner or prior dance experience necessary.*

## HEALTH E30, Personal Safety – Fall Prevention

This course is designed to help students avoid falls, which are the most frequent cause of serious injury in older adults. The course focuses on how, when and where falls frequently occur; how to maintain mobility, and how to improve and recover one's

balance. Students will create an individualized activity program to improve balance, endurance, strength and flexibility.

**9785 12:00p.m.-1:50p.m. W EC 1227 304 Fryden F**

## HEALTH E34, Stress Reduction through Yoga

This course offers older adults a range of strategies and techniques to reduce and manage stress in their lives. It includes stress reduction methods such as positive thinking, breathing exercises, meditation, humor, diet and exercise. The course also helps students establish peer support groups to help maintain their stress reduction skills.

**9786 8:00a.m.-9:50a.m. S ONLINE Roseman T**

**9787 9:00a.m.-10:50a.m. M ONLINE Cooper M**

**9788 11:00a.m.-12:50p.m. F ONLINE Roseman T**

## HEALTH E38, Joint Health & Mobility for Older Adults

This course helps older adults with chronic joint pain or mobility problems to attain and maintain physical strength, mobility and flexibility. Older adults with arthritis and/or other minor physical limitations will learn about the function of joints in the human body and techniques to move effectively without joint stress. Students create an individual plan for mobility and physical fitness.

**9789 10:30a.m.-11:45a.m. TTh ONLINE Wapner-Baart L J**

**9790 12:30p.m.-1:45p.m. T EC 1227 304 Regalado O**

**12:30p.m.-1:45p.m. Th ONLINE Regalado O**

*This class uses world music with rhythmic movement. Enhanced flexibility, strength, and joint health. The Tuesday section of this course will be fully in person (no hybrid option available).*

**9866 2:30p.m.-3:45p.m. MW ONLINE Staff**

## HEALTH E65, Pool Exercises for Older Adults

This course assists older adults with joint difficulties and other chronic conditions by helping them engage in a zero-impact exercise in water. Older adults learn routines that use the resistance of water to build strength and stamina.

**9797 12:45p.m.-2:00p.m. MW POOL Cass K**

*Above section meets at Santa Monica Swim Center, 2225 16th St. (16th & Pico). This class focuses on Aqua Yoga techniques and offers gentle water-based adaptations to classic yoga practices.*

## HEALTH E85, Pilates Level 1

This course is designed to introduce Emeritus students to the beginning Pilates matwork technique of exercise, starting with 30 basic exercises. Pilates is a unique method of body control and conditioning. It consists of stretching and strengthening the muscles, while improving flexibility and balance.

**9852 10:30a.m.-11:45a.m. MW EC 1227 308 Huner K A**

## HOME ECONOMICS

### CT E00, The Fix-It Class – Repair Almost Anything

This course teaches older adults about household tools, how to make minor or more complex home repairs or maintenance, and how to evaluate proposed repair processes when hiring and paying a repair person. Older adults learn to repair leaky faucets, fix minor electrical problems, hang almost everything, caulk a bathtub, and so forth. The course is intended to help older adults be knowledgeable, confident, and prudent about home repairs and maintenance.

**9738 1:00p.m.-3:15p.m. Th ONLINE Ross M A**

*Provides information on: 1. Money saving ideas. 2. Consumer issues. 3. Protection of one's personal and financial privacy.*



## HME EC E01, Sewing Lab

This course helps older adults learn sewing-based skills, including how to construct clothing, engage in creative sewing projects, use patterns, engage in patchwork or machine quilting, and/or other specialized sewing techniques. Older adults learn economical sewing techniques and socialize with their peers in a supportive and creative environment.

**9798 12:00p.m.-2:50p.m. M ONLINE Lewis K**

## HME EC E52, Restaurant Critic – Dining Wisely: Healthy Eating Choices for Older Adults

This course helps older adults learn how to prepare healthy foods for a small household and how to make cost-effective choices in planning a menu. Older adults work together to create a cookbook or recipe book, share food and recipes with their peers, learn restaurant terms, learn to write a standard recipe, and discuss and write about memories involving food. The course also engages older adults in discussions about food fads and provides factual information on food additives, vitamins, safe food storage, health precautions, and basic nutritional information.

**9799 11:00a.m.-1:20p.m. W EC 1227 409 Dinka B C**

**9800 11:30a.m.-1:50p.m. M ITINERARY Ryza S V**

*Students will eat at a different restaurant each week. Itinerary of restaurants will be provided before the first meeting.*

## HME EC E74, Creative Stitchery for Older Adults

This course provides a supportive and creative learning environment for older adults to create inexpensive, handmade needlework projects. Older adults will learn knitting and crocheting techniques, as well as cabling and blocking.

**9802 4:00p.m.-5:50p.m. F BUS 107 Ardell J B**

*Above section meets at the main Santa Monica College Campus, 1900 Pico Blvd. (17th & Pico).*

## HUMAN DEVELOPMENT

### HUMDEV E06, Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults

This course familiarizes older adults with the aging process, including physiological, psychological, and sociological aspects. Older adults become more comfortable with changes in themselves and others over time, and learn to celebrate the benefits of a longer life. Older adults also learn new coping strategies and explore issues facing adults of all ages, including conflicts, stereotypes, age bias, loss, and change.

**9803 1:30p.m.-2:45p.m. TTh ONLINE Albert G S**

### HUMDEV E24, Bereavement Support

This course helps older adults in the resolution of grief and toward a more positive view or reaction to the death of a loved one. The course provides older adults with a variety of alternative methods of dealing with loss in a small group setting. Older adults share their grief with others, receive encouragement and moral support, and learn about the natural grieving process, as well as how to heal and rebuild their lives.

**9804 1:30p.m.-3:20p.m. M ONLINE Press P L**

### HUMDEV E27, Exercising the Brain

This course assists Emeritus students in minimizing anxiety when memory behavior patterns change and helps build confidence as they age. This class is designed to stimulate thinking and to exercise the brain. Students practice skills to enhance memory retention and retrieval by using lessons that require long and short term memory, memory recall and

association. This class is completely interactive with every student participating, which also assists with helping students learn to stay focused. This class is not intended for anyone with Alzheimer's or any type of dementia.

**9805 10:00a.m.-11:50a.m. T ONLINE Frand L**

*This class is not intended for anyone with Alzheimer's or dementia. The professor will send instructions to your SMC Email prior to the first class meeting.*

**9806 12:30p.m.-2:20p.m. T ONLINE Frand L**

*This class is not intended for anyone with Alzheimer's or dementia. The professor will send instructions to your SMC Email prior to the first class meeting.*

**9807 12:30p.m.-2:20p.m. W ONLINE Frand L**

*This class is not intended for anyone with Alzheimer's or dementia. The professor will send instructions to your SMC Email prior to the first class meeting.*

### NONCREDIT CERTIFICATE

## INTRODUCTION TO WORKING WITH OLDER ADULTS

FREE COURSES

If you are an Emeritus student who has a caregiver, or know someone who does, please let them know about this special program for caregivers and friends and family of older adults.

This noncredit program prepares anyone looking for entry-level careers working with older adults, and provides skill enhancement for working caregivers. Completion of this program may qualify you for entry in high-demand occupations such as Caregivers, Companions, Social and Human Service Assistants, Direct Support Professionals, and Resident Care Providers. Simply complete all three courses to earn the certificate.

For more information please visit [smc.edu/noncredit](http://smc.edu/noncredit) or call **310-434-3453**

SANTA MONICA COLLEGE



## LITERATURE

### BILING E01, Literature in Spanish

This course helps older adults explore a variety of Spanish literature in the language in which it was written and stimulates their appreciation of the vast literary output of Spain, Latin America, and other Spanish speaking countries. Students may also explore the history and culture of the country in which a literary work was produced, and participate in class discussions in Spanish.

IN SPANISH

**9735 9:00a.m.-10:50a.m. F ONLINE Kim Yunsook**

### BILING E02, French Literature

This course helps older adults understand and appreciate the vast literary output of France and other French speaking countries, and introduces them to French culture and people. Older adults explore a variety of French literature in the language in which it was written and engage in stimulating discussions with their peers.

IN FRENCH

**9736 2:00p.m.-3:50p.m. T ONLINE Isner-Ball D R**

### BILING E03, Literature from Around the World

This course helps older adults experience and appreciate the vast literary output from non-English speaking countries and discuss that literature with peers in the language in which it was written. Course sections may focus on literature from any non-English speaking country, as long as there are sufficient numbers of interested students and faculty who can teach in that language are available.

IN YIDDISH

**9737 1:30p.m.-3:20p.m. W ONLINE Reich S L**

*This section will explore a variety of Yiddish literature and appreciate Yiddish culture, in the language in which it was written. Some Yiddish speaking and reading skills are needed to fully enjoy this class. Share life experiences; read aloud newspapers, classic stories, and modern literature to learn about a thousand years of Yiddish culture.*

### ENGL E20, Literature: The Novel

This course, which examines the world's greatest literary works (such as James Joyce's *Ulysses*) is designed to help older adults learn about trends in writing in different societies. Older adults learn about the uniqueness of each age of literature and each author under scrutiny. Various literary themes and the concerns of authors in different historical periods serve as a basis for discussion so that older adults may compare and contrast these topics with current events, modern cultures and sub-cultures, and societal structures and mores. Older adults will also discuss with their peers how these works relate to their own life experiences and accumulated knowledge.

**9739 2:00p.m.-3:50p.m. M ONLINE Dwyer F**

*We will continue our close reading and discussion of Marcel Proust's bucket-list masterpiece "In Search of Lost Time." We have reached volume V: "The Captive and The Fugitive." You will need the translation by C. K. Scott Moncrieff and Terence Kilmartin, Revised by D. J. Enright. I will provide summaries and a study guide for new members of the class.*

### ENGL E22, Short Story

This course is designed for older adults who want to explore literature, such as the works of Milton, Austen, Hawthorne, and T.S. Eliot, as well as short stories from Latin America, America, Europe, and Africa, and discuss it with their peers. This course allows older adults to experience a wide range of classic and contemporary literature in a social setting and relate that content and emotion to their own personal life experiences.

**9740 10:00a.m.-11:50a.m. T ONLINE Wali M**

**9741 11:00a.m.-12:50p.m. W EC 1227 408 Ghabaei B**

### ENGL E23, Shakespeare

This course allows older adults to study and discuss selected plays by William Shakespeare and his contemporaries with their peers. Older adults will experience or re-experience the emotional and dramatic content in Shakespeare's classic works in light of their current life situations, and discuss the concerns of the human heart from the height of passion to the depths of despair.

HYBRID CLASS

**9742 9:00a.m.-10:50a.m. M EC 1227 107 Achorn J C**

*This is a hybrid course. Instructor will provide Zoom link for those wishing to join remotely. This semester we will read and examine Shakespeare's early work, "Titus Andronicus" (the Folger edition).*

HYBRID CLASS

**9743 11:00a.m.-12:50p.m. M EC 1227 107 Achorn J C**

*This is a hybrid course. Instructor will provide Zoom link for those wishing to join remotely. This semester we will read and examine Shakespeare's early work, "Titus Andronicus" (the Folger edition).*

### ENGL E24, Bible as Literature

This course introduces older adults to a wide variety of interpretations of biblical literature, encouraging students to offer interpretations based on their own knowledge and life experiences.

**9744 10:00a.m.-12:00p.m. Th ONLINE Jenks G**

*This class will be covering Stories of Notable Women in the Bible.*

### ENGL E25, Literature: The American Novel

This course assists older adults in analyzing American novels, discussing them with their peers, and renewing their appreciation for this unique form of literature. Older adults learn background and trends in writing in different time periods and regions of America, and discuss how these works relate to their own life experiences and accumulated knowledge.

HYBRID CLASS

**9745 9:00a.m.-10:50a.m. T EC 1227 107 Achorn J C**

*This is a hybrid course. Instructor will provide Zoom link for those wishing to join remotely. We will look at two current novels: "Wandering Stars" by Tommy Orange (Alfred Knopf, 2024) and "James" by Percival Everett (Doubleday 2024).*

### ENGL E27, Poetry and Fiction

This course helps older adults explore poetry and fiction as adventure, confirmation, and renewal. Emeritus students also employ selected poems as a means to examine their life experiences and discuss these experiences with their peers. This course is designed to refresh students enjoyment and increase their appreciation of poetry and fiction as a means of expression and helps them explore these genres in relation to other types of literature in their use of language and imagery.

**9746 10:00a.m.-11:50a.m. W ONLINE Davis C V**

*Contemporary American Literature: Cross Genre.*

**9747 1:00p.m.-2:50p.m. F MALBU 219 Fox Jr R W**

*Above section meets at the Malibu Campus, 23555 Civic Center Way, Malibu.*

### ENGL E29, Greek Literature

This course introduces older adults to the world of ancient Greek drama and fosters discussion among peers. Older adults will study Greek theater from a literary viewpoint and learn about plots, characters, and different interpretations through comparative analysis. Older adults will learn how ancient Greek drama is interpreted in modern media and will relate it to their own lives and experiences.

**9748 11:30a.m.-1:20p.m. M ONLINE Dwyer F**

*We will continue our study of Athenian Tragedy and its evolution, reading and discussing plays by Aeschylus, Euripides, Seneca, Racine, Shakespeare, John Webster, Arthur Miller, Samuel Beckett, and others.*



## ENGL E30, Creative Writing

This course nurtures, revitalizes, and stimulates older adult writers who may already be producing or thinking about producing written material. The course is intended to discover, encourage, and develop untapped writing talent in older adults. It also allows older adults to develop and refine their writing and self-expression skills, discuss their writing with peers, and comment on their peers' writing in a respectful and constructive manner. The course is also a forum for older adults to share their creative voices with peers.

**9749 9:00a.m.-11:15a.m. M ONLINE Kronsberg G J**  
**9750 9:30a.m.-11:20a.m. M MALBU 112 Davis C V**

*Above section meets at the Malibu Campus, 23555 Civic Center Way, Malibu.*

**9751 9:30a.m.-11:45a.m. T EC 1227 408 Ghabaei B**

*Come learn the art of skillful writing. All levels are welcome.*

## ENGL E33, Autobiography

This course helps older adults review and integrate the experiences that have shaped their lives, share memories with peers, and create a record of events for themselves and their families. Through this class older adults achieve a sense of pride in their accomplishments, improve their writing abilities, and express themselves in writing that can be shared with family, friends, and the public if desired.

HYBRID CLASS

**9752 10:00a.m.-12:15p.m. Th EC 1227 408 Wali M**

*This is a hybrid class. The class will meet in room 408 most weeks except every 4th week. The class will meet on Zoom every 4th week.*

HYBRID CLASS

**9754 9:30a.m.-11:45a.m. S PAC 116 Fox Jr R W**

*Above section meets at the SMC Performing Arts Center, 1310 11th Street. This is a hybrid course; some weeks will meet fully online, while others will be fully in person. Class will meet the first*

*two sessions in person only, followed by two online-only sessions. The Zoom link will be issued by the instructor.*

**9755 12:00p.m.-2:15p.m. S ONLINE Mackay K**  
**9756 3:00p.m.-4:50p.m. F MALBU 219 Fox Jr R W**

*Above section meets at the Malibu Campus, 23555 Civic Center Way, Malibu.*

## ENGL E34, Writing for Publication

This course will be split into three units of focus. The first unit will be spent writing and sharing new pieces of memoir, fiction or poetry. During the second unit, students will prepare their selected piece (or several short ones) for publication in the Emeritus Chronicles journal. Each student will give and receive several rounds of editorial feedback. During the third and last unit of this course, enrolled students will give editorial feedback to writers not enrolled in this class who also submitted pieces to the Emeritus Chronicles. This course will culminate in the assembly of the Emeritus Chronicles which will be published in the spring.

**9757 1:00p.m.-3:50p.m. M ONLINE Mackay K**

## ENGL E37, Writing Seminar

This course develops and refines older adults' writing skills in an informal round-table atmosphere through classroom readings and critiques of their own and classmates' writing. The course is intended to discover, encourage, and develop untapped writing talent in older adults and nurture, revitalize, and stimulate older adult writers who may already be expressing themselves through the written word. The course is also a forum for older adults to share their creative voices with peers.

**9758 11:30a.m.-1:20p.m. M ONLINE Kronsberg G J**



## MUSIC – PERFORMING ARTS

### MUSIC E00, Concert Band

This course reinforces older adults' love of performing music in public and provides a structure for them to express themselves and participate in a performance group during their later years. Older adults also experience the physical benefits of deep breathing and head, eye, and ear coordination that result from playing a musical instrument. The course mentally stimulates older adults to concentrate on a wide variety of musical score, memorize parts, and problem solve in front of an audience.

**9812 6:30p.m.-9:20p.m. Th PAC 110 Miyoshi Y**

*Above section meets at the SMC Performing Arts Center, 1310 11th Street.*

### MUSIC E02, Guitar for Older Adults

This course re-stimulates older adults' interest in and knowledge of music played on the guitar and enhances their self-expression through music. Older adults learn basic and some advanced guitar chords, strumming patterns, and finger picks while playing songs from the 1920s, 1930s, 1940s, and 1950s, as well as traditional folk songs.

**9813 9:30a.m.-10:50a.m. MW ONLINE Terry Jr P W**

*Students are expected to provide their own guitar, tuner and bring it with them each week to class. Music stands will be provided. Students will be expected to purchase their own Guitar Methods book. Specific guidelines on how to pick a guitar and which Guitar Methods book to purchase will be shared to all enrolled students by August 1st.*

**9814 1:00p.m.-2:30p.m. MW FST PRES Schulman J**

*Above section meets at First Presbyterian Church, 1220 2nd St. (2nd & Wilshire).*

### MUSIC E03, "The Merits" – Vocal Ensemble

This course provides older adults with an opportunity to express themselves musically, perform in community events, gain a sense of belonging to a creative peer group, and continue their life experiences in music. The course also helps older adults improve their vocal performance skills, rehearsal techniques, and general knowledge of music.

**9815 10:00a.m.-12:50p.m. T FST PRES Bryant W**

*Above section meets at First Presbyterian Church, 1220 2nd St. (2nd & Wilshire).*

### MUSIC E04, Voice Training

This course provides a venue for older adults to discover or strengthen their musical creativity, personal vocal skill, performance standards, and self-confidence. Vocal exercises and solo singing. Advanced memorization is stressed.

**9816 12:30p.m.-2:50p.m. Th EC 1227 107 Parnell D J**

### MUSIC E06, Gospel Community Chorus

This course introduces older adults to gospel music, literature, and singing techniques with the goal of performing throughout the community. The course provides a venue for older adult students to express themselves through gospel music, gain knowledge of the history of gospel music, build or rebuild their self-confidence as soloists or group performers, and interact with a group of creative peers.



**9817 1:00p.m.-2:50p.m. W PAC 107 Bryant W**  
*Above section meets at the SMC Performing Arts Center, 1310 11th Street.*

## MUSIC E10, Spanish Folk Singing

This course provides older adults (primarily those with a working knowledge of the Spanish language) with an opportunity to practice and perform music in Spanish from around the world. Older adult students are introduced to Spanish music, literature, and singing techniques from their own and other cultures, and encouraged to express themselves through Spanish folk songs.

IN SPANISH

**9818 12:00p.m.-1:50p.m. T VP TERRY Perez J Z**  
*Above section meets at Virginia Avenue Park, 2200 Virginia Ave.*

## MUSIC E30, Opera Appreciation

This course helps older adults understand and appreciate opera as a music form and provides opportunities for socialization through shared interests. Older adults learn about the creative aspects, history, and development of opera. The course includes operatic experiences, live productions, and other opportunities for mental stimulation and peer group socialization.

**9819 11:00a.m.-12:50p.m. T ONLINE Jackson L R**

## MUSIC E32, Music Appreciation

This course helps older adults understand how music can enhance their life experiences by learning more about music styles, composition, performance, and historical periods. Older adults listen to and discuss musical selections and composers' biographies; expand their musical knowledge and understanding of different types of music, including orchestral, jazz, indigenous, and film music; and explore different aspects of musical performance by comparing different performers' recordings of the same piece.

**9820 12:00p.m.-1:50p.m. F ONLINE Peterson J D**

*Focus your appreciation through exciting listening experiences. Discuss musical periods and begin to understand performances in greater depth.*

**9821 1:00p.m.-2:50p.m. M EC 1227 107 Hetz M L**

*Explore classical music and learn about music. For all levels. Discuss the interaction of culture, language, and social events that shape the creativity of musicians. Enjoy performances by rising student performers.*

## MUSIC E34, Lyric Chorus

This course provides older adults with a musical growth experience, opportunities to enhance their self-esteem and sense of belonging, and a way to express their creativity and interact with peers. Older adults rehearse and perform three-part arrangements of classics, Broadway hits, and ragtime music, and learn to be positive contributors to the sound, appearance, and artistic personality of a performing chorus while keeping their concentration and lung capacity at a peak.

**9822 9:00a.m.-11:50a.m. Th EC 1227 107 Gerhold T**

## MUSIC E51, Piano and Theory

This course is intended to enhance the enjoyment of creating music among older adults and enhance their ability to express themselves through music. Older adults learn to play piano music at their own level and pace, and participate in group discussions with peers. Older adults also learn musical skills and concepts and develop their ability to play piano music.

**9823 11:00a.m.-12:50p.m. S PAC 206 Hetz M L**

*Above section meets at the SMC Performing Arts Center, 1310 11th Street. This section is for the intermediate and advanced students.*

**9824 1:15p.m.-3:05p.m. F PAC 206 Hetz M L**  
*Above section meets at the SMC Performing Arts Center, 1310 11th Street. This section is for the beginner student.*

**9825 11:00a.m.-12:50p.m. F PAC 206 Hetz M L**  
*Above section meets at the SMC Performing Arts Center, 1310 11th Street. This is a beginner class.*

## POLITICAL SCIENCE

### POL SC E00, Current Events

This course increases older adults' understanding of local, national, and international current affairs and how it affects their lives as well as the world around them. Older adults consider the political, economic, and social movements that determine domestic and foreign policies in the United States and around the world.

**9835 9:00a.m.-10:50a.m. W ONLINE Olney W**

**9836 9:30a.m.-11:20a.m. M MALBU 202 Sarkissian R**

*Above section meets at the Malibu Campus, 23555 Civic Center Way, Malibu.*

**9837 10:00a.m.-11:50a.m. M EC 1227 408 Reiner M**

**9838 2:00p.m.-3:50p.m. F ONLINE Trives N**

**2:00p.m.-3:50p.m. F ONLINE Johnson J P**

**9839 3:00p.m.-4:50p.m. M ONLINE Sarkissian R**

### POL SC E10, Music, Politics and Social Change

This course helps Emeritus students understand how music and culture influences and is influenced by political movements. Emphasis will be placed on listening to the music of various eras in American history and discussing how the music shaped and was shaped by those historical events, and what the impacts of those events are on current American life and politics.

**9840 12:30p.m.-2:20p.m. M ONLINE Sarkissian R**

### POL SC E50, Technopolitics: Exploring the Intersection of Technology and Governance

This course explores the intricate relationship between technology and politics, analyzing how technological advancements shape political systems, governance, policy-making, and public engagement. Students will examine the impact of technology on political campaigns, information dissemination, surveillance, cybersecurity, citizen participation, and the formulation of government policies. Through case studies, discussions, and critical analysis, students will develop a nuanced understanding of the complexities and implications of technology in the political landscape, including its influence on policy development, implementation, and the functioning of government institutions.

**9858 9:00a.m.-10:50a.m. W ONLINE Lepoint O**

## VOLUNTEER LOS ANGELES

Check out your options to volunteer at a local nonprofit organization. Work with the best.

[mayor.lacity.gov/get-involved](http://mayor.lacity.gov/get-involved)



## THEATER ARTS

### TH ART E01, Principles of Acting

This course allows older adults to explore the human condition in historical and contemporary dramatic literature, fairy tales, myths, and legends, satire, and parody. By learning how to analyze and interpret these texts, older adults will be able to craft the characters that inhabit these stories. Through the transformative process of creativity, older adults improve their acting skills and participate in a public performance, which builds self-confidence and self esteem.

**9842 11:00a.m.-1:50p.m. T ONLINE Gannen B**  
**9843 2:00p.m.-4:50p.m. T ONLINE Gannen B**

### TH ART E02, Theater Arts Appreciation

This course expands older adults' knowledge of play production methods and the history of the theater as it relates to current society and the life experiences of older adults. Older adults will learn about theater production from the viewpoint of the director, actor, critic, and viewer.

**9844 9:00a.m.-10:50a.m. F ONLINE Abatemarco A M**

### TH ART E05, Reader's Theater

This course increases older adults' knowledge of how to present dramatic literature and allows them to express themselves by reading scenes, poetry, illuminating literature, or

speeches in front of an audience. Older adults also interpret plays and practice acting skills with their peers. This course expands older adults' experience with dramatic literature without requiring perfect recall from memory.

**9845 11:00a.m.-12:50p.m. F ONLINE Abatemarco A M**

### TH ART E15, Theater – History of Comedy

*Formerly HUMDEV E15.*

This course is designed to help Emeritus students improve their outlook on life, stimulate their minds and imaginations, improve peer group interaction and communication, and increase their sense of positive aging through humor. Students will engage with their peers in a positive and up-lifting manner while learning about the use of humor through the ages. They will learn about comedy in theater, literature, film, and music from the beginnings of recorded civilization to the present, and will discuss: changes in stereotypes such as comedic images of older adults and other subgroups of the community; different types of humor; and/or popular trends in comedy, stand-up comedy, comedy of stage and screen, musical comedy, musical satire, with a special emphasis on the connection of rhythm and comic timing.

**HYBRID CLASS**

**9850 9:00a.m.-10:50a.m. W EC 1227 107 Achorn J C**

*This is a hybrid course. Instructor will provide Zoom link for those wishing to join remotely. Continue your look at the history of American Film Comedy beginning with the 1950s.*

## SUPPORT LIFELONG LEARNING

BY JOINING OUR COMMUNITY OF SUPPORTERS

### WAYS TO GIVE:

1. Join the Emeritus 250 Club by donating \$250 or more annually, which includes an invitation to our annual appreciation event.
2. Make a direct distribution from your IRA.
3. Make a bequest to Santa Monica College Foundation to create an enduring legacy.

### DONATE SECURELY AT:

[SantaMonicaCollegeFoundation.org/Emeritus](http://SantaMonicaCollegeFoundation.org/Emeritus)



Questions? Contact the SMC Foundation at 310-434-4215 or [foundation@smc.edu](mailto:foundation@smc.edu)





## TH ART E20, Improvisation

This course encourages older adults to awaken their childhood by introducing them to the fundamentals of theatre improvisation. Students will joyfully explore essential improvisation performance techniques like spontaneity, creating an environment, character development, and structuring a scene. Build community with classmates through exercises, games, and group activities while having fun developing transferable life skills like quick-thinking, playfulness, imagination, and self-discovery. No improv experience necessary.

**9846 10:00a.m.-11:50a.m. M ONLINE Camilleri G J**

## TH ART E21, Art, Culture & Entertainment Through a Jewish Lens

Formerly HUMDEV E22.

This course is designed to help Emeritus students learn about Jewish culture, from the historical backdrop of the 19th Century's worldwide advances, pogroms, and immigrations, to the flowering of Jewish art, culture and entertainment in 20th Century United States and beyond. The course aims to improve students' outlook on life, stimulate their minds and imaginations, improve peer group interaction and communication, and increase their sense of positive aging and cultural identity with particular attention to Jewish humor and tenacity as survival mechanisms in the face of adversity. Students will engage with their peers in a positive and up-lifting manner while learning about the use of art and humor through the last century. They will learn about Jewish theater, literature, film, art and music, and how American culture has flourished as a result of the Jews' contributions. We will discuss: changes in stereotypes such as comedic images of older adults and other subgroups of the community; different types of art, self-expression and humor; and/or popular trends in all aspects of culture and entertainment.

**9849 11:30a.m.-1:20p.m. W EC 1227 107 Abatemarco A M**

HYBRID CLASS

*This is a hybrid course. Instructor will provide link for those wishing to join remotely.*

## TH ART E22, Principles of Illusion: Close-up and Stage

In this performance-based class, students will be expected to learn and perform Close-up and Stage Magic. From card tricks to dinner table gags, the illusions covered in this class are practical, easy, and fun to do. Students will focus on entertaining friends and family while mastering the physical and mental concentration needed to create a successful trick. We will also discuss performance skills and presence on stage.

**9847 10:00a.m.-11:50a.m. W ONLINE Camilleri G J**

## TH ART E30, Dramatic Interpretation Through Movies

This course helps older adults explore the art, technology, language and appreciation of film from the point of view of the older adult. Older adult students analyze the fundamentals of film production as a means of encouraging mental stimulation and peer socialization. Film examples are shown in class for comparison and discussion.

**9848 1:30p.m.-3:45p.m. W ONLINE Laffey S A**

# PATHFINDERS PROGRAM

SMC Emeritus Pathfinders classes are geared toward the needs of individuals who are recovering from an acquired brain injury (ABI) or stroke. Pathfinders exercise classes include the following:

- **HEALTH E63 Body Conditioning After a Stroke** to help to improve balance, mobility, and physical endurance in a group setting.
- **HUMDEV E50 Communication After a Stroke** to assist in the improvement of communication skills.
- **HUMDEV E55 BrainFlex** to help individuals dealing with cognitive deficits.

Interested SMC Emeritus students who would like to enroll in these classes are required to call the SMC Center for Students with Disabilities ABI Program at 310-434-4442 for registration details. **You cannot enroll in the Pathfinders classes without first calling 310-434-4442. Registration is completed through the SMC Center for Students with Disabilities.**

## HEALTH E63, Body Conditioning After a Stroke

This course helps older adults who have experienced an acquired brain injury to maintain or improve their mobility and physical endurance through an individualized program offered in a group setting. Topics include how to cope with the effects of brain injury or stroke and how to restore the student's natural energy and flexibility, through techniques used to regain and maintain physical fitness. Participation in this Pathfinders Program allows older adults to be included in their community and maintain their independence, and helps them to self-advocate and engage in activities that benefit their health.

<b>9791</b>	<b>10:00a.m.-11:15a.m. Th</b>	<b>ONLINE</b>	<b>Jaffe A O</b>
<b>9792</b>	<b>10:30a.m.-11:45a.m. M</b>	<b>EC 1227 307</b>	<b>Akerson M</b>
<b>9793</b>	<b>10:00a.m.-11:15a.m. T</b>	<b>ONLINE</b>	<b>Fryden F</b>
<b>9794</b>	<b>12:00p.m.-1:15p.m. M</b>	<b>EC 1227 307</b>	<b>Akerson M</b>
<b>9795</b>	<b>11:30a.m.-12:45p.m. T</b>	<b>ONLINE</b>	<b>Fryden F</b>
<b>9796</b>	<b>12:00p.m.-1:15p.m. Th</b>	<b>EC 1227 307</b>	<b>Jaffe A O</b>
<b>9867</b>	<b>12:00p.m.-1:15p.m. W</b>	<b>ONLINE</b>	<b>Jaffe A O</b>

## HUMDEV E50, Communication After a Stroke

This course, which is part of the Pathfinders Program, increases, enhances, and maintains the daily speech function of adults who have experienced speech impairments due to acquired brain injury. Older adults learn to cope with the effects of stroke or other brain injury on communication skills, get support from those in similar situations, and guidance from professionals after outpatient therapy is completed.

<b>9808</b>	<b>9:30a.m.-10:45a.m. W</b>	<b>ONLINE</b>	<b>Nicholls J</b>
<b>9809</b>	<b>11:00a.m.-12:15p.m. W</b>	<b>ONLINE</b>	<b>Nicholls J</b>

## HUMDEV E55, BrainFlex

This course helps older adults who have sustained an acquired brain injury maintain or improve their functional cognition through individualized feedback offered in a group setting. Emphasis will be placed on maintenance of skills such as memory, verbal reasoning, and attention span. Participation in this class allows adults to develop compensatory techniques so that they can maintain their independence and safely participate in home and community tasks that promote self-reliance and active decision making.

<b>9810</b>	<b>9:30a.m.-10:45a.m. F</b>	<b>ONLINE</b>	<b>Nicholls J</b>
<b>9811</b>	<b>11:00a.m.-12:15p.m. F</b>	<b>ONLINE</b>	<b>Nicholls J</b>



# CLASSES BY THE DAY FALL 2024

## MONDAY

9:00a.m.-11:50a.m.	9711 ART E16, Life Drawing Studio	EC 1227 204
9:00a.m.-10:50a.m.	9742 ENGL E23, Shakespeare	EC 1227 107
9:00a.m.-11:15a.m.	9749 ENGL E30, Creative Writing	ONLINE
9:00a.m.-10:15a.m.	9773 HEALTH E24, Physical Fitness Principles & Practices	EC 1227 304
9:00a.m.-10:50a.m.	9787 HEALTH E34, Stress Reduction through Yoga	ONLINE
9:00a.m.-10:50a.m.	9829 OCC E20, Using the Internet Safely	ONLINE
9:30a.m.-11:20a.m.	9750 ENGL E30, Creative Writing	MALBU 112
9:30a.m.-11:20a.m.	9836 POL SC E00, Current Events	MALBU 202
10:00a.m.-11:50a.m.	9837 POL SC E00, Current Events	EC 1227 408
10:00a.m.-11:50a.m.	9846 TH ART E20, Improvisation	ONLINE
10:30a.m.-11:45a.m.	9783 HEALTH E25, Strength & Stamina Training Principles & Practices	EC 1227 304
10:30a.m.-11:45a.m.	9792 HEALTH E63, Body Conditioning After a Stroke	EC 1227 307
11:00a.m.-12:50p.m.	9743 ENGL E23, Shakespeare	EC 1227 107
11:00a.m.-12:50p.m.	9828 OCC E10, Using Data Files	ONLINE
11:00a.m.-12:50p.m.	9830 OCC E20, Using the Internet Safely	ONLINE
11:30a.m.-1:20p.m.	9748 ENGL E29, Greek Literature	ONLINE
11:30a.m.-1:20p.m.	9758 ENGL E37, Writing Seminar	ONLINE
11:30a.m.-1:50p.m.	9800 HME EC E52, Restaurant Critic – Dining Wisely: Healthy Eating Choices	ITINERARY
12:00p.m.-1:15p.m.	9794 HEALTH E63, Body Conditioning After a Stroke	EC 1227 307
12:00p.m.-2:50p.m.	9798 HME EC E01, Sewing Lab	ONLINE
12:30p.m.-2:45p.m.	9720 ART E20, Drawing and Painting	EC 1227 205
12:30p.m.-2:20p.m.	9722 ART E21, Painting/Drawing, Oil and Acrylic	EC 1227 204
12:30p.m.-2:20p.m.	9840 POL SC E10, Music, Politics and Social Change	ONLINE
1:00p.m.-3:50p.m.	9721 ART E20, Drawing and Painting	MALBU 220
1:00p.m.-3:50p.m.	9757 ENGL E34, Writing for Publication	ONLINE
1:00p.m.-2:50p.m.	9821 MUSIC E32, Music Appreciation	EC 1227 107
1:30p.m.-3:20p.m.	9804 HUMDEV E24, Bereavement Support	ONLINE
2:00p.m.-3:50p.m.	9739 ENGL E20, Literature: The Novel	ONLINE
2:30p.m.-4:20p.m.	9724 ART E21, Painting/Drawing, Oil and Acrylic	EC 1227 204
3:00p.m.-4:50p.m.	9839 POL SC E00, Current Events	ONLINE
3:00p.m.-4:50p.m.	9863 OCC E08, Word Processing	ONLINE

## MONDAY AND WEDNESDAY

9:00a.m.-10:15a.m.	9780 HEALTH E25, Strength & Stamina Training Principles & Practices	EC 1227 308
9:00a.m.-10:00a.m.	9859 HEALTH E08, Walking for Wellness	ITINERARY
9:30a.m.-10:50a.m.	9813 MUSIC E02, Guitar	ONLINE
10:30a.m.-11:45a.m.	9852 HEALTH E85, Pilates Level 1	EC 1227 308
11:00a.m.-12:50p.m.	9763 HEALTH E21, Yoga Health & Safety, Principles & Practices	ONLINE
12:45p.m.-2:00p.m.	9797 HEALTH E65, Pool Exercises	POOL
1:00p.m.-2:30p.m.	9814 MUSIC E02, Guitar	FST PRES
1:15p.m.-2:30p.m.	9769 HEALTH E23, T'ai Chi Principles & Practices	EC 1227 308
2:30p.m.-3:45p.m.	9777 HEALTH E24, Physical Fitness Principles & Practices	ONLINE
2:30p.m.-3:45p.m.	9778 HEALTH E24, Physical Fitness Principles & Practices	ONLINE
2:30p.m.-3:45p.m.	9866 HEALTH E38, Joint Health & Mobility	ONLINE

## MONDAY AND FRIDAY

9:00a.m.-10:15a.m.	9766 HEALTH E23, T'ai Chi Principles & Practices	VP CTR
1:00p.m.-2:15p.m.	9770 HEALTH E23, T'ai Chi Principles & Practices	EC 1227 304

## TUESDAY

9:00a.m.-11:50a.m.	9712 ART E16, Life Drawing Studio	ONLINE
9:00a.m.-11:15a.m.	9725 ART E22, Watercolor	ONLINE
9:00a.m.-10:50a.m.	9745 ENGL E25, Literature: The American Novel	EC 1227 107
9:00a.m.-10:50a.m.	9831 PHOTO E00, Digital Photography I	ONLINE
9:30a.m.-11:45a.m.	9751 ENGL E30, Creative Writing	EC 1227 408
10:00a.m.-11:50a.m.	9702 ART E00, Survey of Art	ONLINE
10:00a.m.-11:50a.m.	9703 ART E00, Survey of Art	ONLINE
10:00a.m.-11:50a.m.	9740 ENGL E22, Short Story	ONLINE
10:00a.m.-11:15a.m.	9793 HEALTH E63, Body Conditioning After a Stroke	ONLINE
10:00a.m.-11:50a.m.	9805 HUMDEV E27, Exercising the Brain	ONLINE
10:00a.m.-12:50p.m.	9815 MUSIC E03, "The Merits" – Vocal Ensemble	FST PRES
10:30a.m.-12:20p.m.	9709 ART E15, Drawing	MALBU 220
11:00a.m.-12:50p.m.	9819 MUSIC E30, Opera Appreciation	ONLINE
11:00a.m.-1:50p.m.	9842 TH ART E01, Principles of Acting	ONLINE
11:30a.m.-1:45p.m.	9726 ART E22, Watercolor	ONLINE
11:30a.m.-12:45p.m.	9795 HEALTH E63, Body Conditioning After a Stroke	ONLINE
12:00p.m.-1:50p.m.	9818 MUSIC E10, Spanish Folk Singing	VP TERRY
12:30p.m.-1:45p.m.	9790 HEALTH E38, Joint Health & Mobility	EC 1227 304
12:30p.m.-2:20p.m.	9806 HUMDEV E27, Exercising the Brain	ONLINE
1:00p.m.-3:50p.m.	9716 ART E19, Painting	ONLINE
2:00p.m.-3:50p.m.	9736 BILING E02, French Literature	ONLINE
2:00p.m.-4:50p.m.	9843 TH ART E01, Principles of Acting	ONLINE

## TUESDAY AND THURSDAY

8:30a.m.-9:45a.m.	9779 HEALTH E25, Strength & Stamina Training Principles & Practices	ONLINE
9:00a.m.-10:15a.m.	9765 HEALTH E22, Chi Gong Principles & Practices	VP CTR
9:00a.m.-10:15a.m.	9774 HEALTH E24, Physical Fitness Principles & Practices	ONLINE
10:00a.m.-11:50a.m.	9761 HEALTH E21, Yoga Health & Safety, Principles & Practices	ONLINE
10:00a.m.-11:15a.m.	9781 HEALTH E25, Strength & Stamina Training Principles & Practices	ONLINE
10:30a.m.-12:20p.m.	9762 HEALTH E21Yoga Health & Safety, Principles & Practices	ONLINE
10:30a.m.-11:45a.m.	9789 HEALTH E38, Joint Health & Mobility	ONLINE
11:00a.m.-12:15p.m.	9776 HEALTH E24, Physical Fitness Principles & Practices	ONLINE
12:00p.m.-1:15p.m.	9784 HEALTH E25, Strength & Stamina Training Principles & Practices	ONLINE
12:30p.m.-1:45p.m.	9759 HEALTH E10, Movement and Conditioning	EC 1227 308
12:30p.m.-1:45p.m.	9768 HEALTH E23, T'ai Chi Principles & Practices	ONLINE
1:30p.m.-2:45p.m.	9803 HUMDEV E06, Enjoy Life – Understanding Our Mind, Body & Brain for Senior Adults	ONLINE
2:00p.m.-3:50p.m.	9764 HEALTH E21, Yoga Health & Safety, Principles & Practices	EC 1227 308

## WEDNESDAY

9:00a.m.-11:50a.m.	9714 ART E19, Painting	ONLINE
9:00a.m.-10:15a.m.	9773 HEALTH E24, Physical Fitness Principles & Practices	ONLINE
9:00a.m.-10:50a.m.	9835 POL SC E00, Current Events	ONLINE
9:00a.m.-10:50a.m.	9850 TH ART E15, Theater – History of Comedy	EC 1227 107
9:00a.m.-10:50a.m.	9853 OCC E03, Optimizing Your Smartphone & Tablet	ONLINE
9:00a.m.-10:50a.m.	9858 POL SC E50, Technopolitics: Exploring the Intersection of Technology and Governance	ONLINE
9:00a.m.-11:15a.m.	9864 ART E22, Watercolor	ONLINE
9:30a.m.-12:20p.m.	9715 ART E19, Painting	EC 1227 204
9:30a.m.-10:45a.m.	9808 HUMDEV E50, Communication After a Stroke	ONLINE



10:00a.m.-11:50a.m.	9746 ENGL E27, Poetry and Fiction	ONLINE
10:00a.m.-11:50a.m.	9847 TH ART E22, Principles of Illusion: Close-up and Stage	ONLINE
10:30a.m.-11:45a.m.	9783 HEALTH E25, Strength & Stamina Training Principles & Practices	ONLINE
11:00a.m.-12:50p.m.	9741 ENGL E22, Short Story	EC 1227 408
11:00a.m.-1:20p.m.	9799 HME EC E52, Restaurant Critic – Dining Wisely: Healthy Eating Choices	EC 1227 409
11:00a.m.-12:15p.m.	9809 HUMDEV E50, Communication After a Stroke	ONLINE
11:30a.m.-1:20p.m.	9849 TH ART E21, Art, Culture & Entertainment Through a Jewish Lens	EC 1227 107
12:00p.m.-1:50p.m.	9785 HEALTH E30, Personal Safety – Fall Prevention	EC 1227 304
12:00p.m.-1:15p.m.	9867 HEALTH E63, Body Conditioning After a Stroke	ONLINE
12:30p.m.-3:20p.m.	9731 ART E30, Watercolor Studio	ONLINE
12:30p.m.-2:20p.m.	9807 HUMDEV E27, Exercising the Brain	ONLINE
1:00p.m.-3:50p.m.	9717 ART E19, Painting	ONLINE
1:00p.m.-2:50p.m.	9817 MUSIC E06, Gospel Community Chorus	PAC 107
1:30p.m.-3:20p.m.	9705 ART E00, Survey of Art	ITINERARY
1:30p.m.-3:20p.m.	9737 BILING E03, Literature from Around the World	ONLINE
1:30p.m.-4:20p.m.	9801 HME EC E71, Needlecrafts II	ONLINE
1:30p.m.-3:45p.m.	9848 TH ART E30, Dramatic Interpretation Through Movies	ONLINE

## WEDNESDAY AND FRIDAY

8:30a.m.-10:20a.m.	9760 HEALTH E21, Yoga Health & Safety, Principles & Practices	ONLINE
12:00p.m.-1:15p.m.	9767 HEALTH E23, T'ai Chi Principles & Practices	VA PK
2:00p.m.-3:15p.m.	9771 HEALTH E23, T'ai Chi Principles & Practices	VA PK

## THURSDAY

9:00a.m.-11:50a.m.	9729 ART E30, Watercolor Studio	EC 1227 204
9:00a.m.-11:50a.m.	9822 MUSIC E34, Lyric Chorus	EC 1227 107
9:30a.m.-11:45a.m.	9708 ART E15, Drawing	EC 1227 205
9:30a.m.-12:20p.m.	9713 ART E16, Life Drawing Studio	MALBU 220
10:00a.m.-12:00p.m.	9744 ENGL E24, Bible as Literature	ONLINE
10:00a.m.-12:15p.m.	9752 ENGL E33, Autobiography	EC 1227 408
10:00a.m.-11:15a.m.	9791 HEALTH E63, Body Conditioning After a Stroke	ONLINE
11:00a.m.-12:50p.m.	9704 ART E00, Survey of Art	ITINERARY
11:00a.m.-1:15p.m.	9732 ART E55, Sculpture	ONLINE
11:30a.m.-1:45p.m.	9733 ART E80, Jewelry Making	ONLINE
12:00p.m.-1:15p.m.	9796 HEALTH E63, Body Conditioning After a Stroke	EC 1227 307
12:30p.m.-1:45p.m.	9790 HEALTH E38, Joint Health & Mobility	ONLINE
12:30p.m.-2:50p.m.	9816 MUSIC E04, Voice Training	EC 1227 107
1:00p.m.-2:50p.m.	9706 ART E00, Survey of Art	EC 1227 408
1:00p.m.-3:15p.m.	9738 CT E00, The Fix-It Class – Repair Almost Anything	ONLINE
1:20p.m.-4:20p.m.	9718 ART E19, Painting	MALBU 220
1:30p.m.-3:45p.m.	9723 ART E21, Painting/Drawing, Oil and Acrylic	ONLINE
2:00p.m.-4:15p.m.	9734 ART E80, Jewelry Making	ONLINE
6:30p.m.-9:20p.m.	9812 MUSIC E00, Concert Band	PAC 110

## FRIDAY

9:00a.m.-10:50a.m.	9701 ART E00, Survey of Art	ONLINE
9:00a.m.-11:50a.m.	9730 ART E30, Watercolor Studio	ITINERARY
9:00a.m.-10:50a.m.	9735 BILING E01, Literature in Spanish	ONLINE
9:00a.m.-10:50a.m.	9844 TH ART E02, Theater Arts Appreciation	ONLINE
9:30a.m.-12:20p.m.	9728 ART E24, Calligraphy II	EC 1227 204
9:30a.m.-10:45a.m.	9810 HUMDEV E55, BrainFlex	ONLINE

11:00a.m.-1:15p.m.	9719 ART E20, Drawing and Painting	ONLINE
11:00a.m.-12:50p.m.	9788 HEALTH E34, Stress Reduction through Yoga	ONLINE
11:00a.m.-12:15p.m.	9811 HUMDEV E55, BrainFlex	ONLINE
11:00a.m.-12:50p.m.	9825 MUSIC E51, Piano and Theory	PAC 206
11:00a.m.-12:50p.m.	9845 TH ART E05, Reader's Theater	ONLINE
11:00a.m.-12:50p.m.	9857 PHOTO E20, Photoshop/Computer Software Photo Editing	EC 1227 208
12:00p.m.-1:50p.m.	9820 MUSIC E32, Music Appreciation	ONLINE
12:30p.m.-2:45p.m.	9710 ART E15, Drawing	ONLINE
1:00p.m.-2:50p.m.	9747 ENGL E27, Poetry and Fiction	MALBU 219
1:00p.m.-2:50p.m.	9855 OCC E21, The Perils of Social Media	EC 1227 208
1:15p.m.-3:05p.m.	9824 MUSIC E51, Piano and Theory	PAC 206
2:00p.m.-4:00p.m.	9727 ART E23, Calligraphy	EC 1227 205
2:00p.m.-3:50p.m.	9838 POL SC E00, Current Events	ONLINE
2:00p.m.-3:50p.m.	9838 POL SC E00, Current Events	ONLINE
3:00p.m.-4:50p.m.	9756 ENGL E33, Autobiography	MALBU 219
4:00p.m.-5:50p.m.	9802 HME EC E74, Creative Stitchery	BUS 107

## SATURDAY

8:00a.m.-9:50a.m.	9786 HEALTH E34, Stress Reduction through Yoga	ONLINE
9:30a.m.-11:45a.m.	9754 ENGL E33, Autobiography	PAC 116
11:00a.m.-12:50p.m.	9823 MUSIC E51, Piano and Theory	PAC 206
12:00p.m.-2:15p.m.	9755 ENGL E33, Autobiography	ONLINE

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SANTA MONICA COLLEGE  
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# FACILITIES

Facilities	Location	Big Blue Bus and Metro Lines
SMC Emeritus Classrooms and Offices: EC 1227 107, EC 1227 204, EC 1227 205, EC 1227 208, EC 1227 304, EC 1227 307, EC 1227 308, EC 1227 407, EC 1227 408, EC 1227 409, EC 1227 410	1227 Second St. (2nd & Wilshire), SM CALL US! Call 310-434-4306	Santa Monica & 3rd: #5 (wkdy), #8, #9 4th & Wilshire: #2, #3, Rapid #3 (wkdy, no midday service), and #9 Handicapped parking and bike racks are available on the street level of city parking structure #2. Additional metered handicapped parking entrance off 2nd Court alley.
BROOKDALE OCEAN	Brookdale Ocean House, 2107 Ocean Ave. (Ocean Ave. & Pacific St.), SM	Ocean & Pacific: #8
BROOKDALE GARDENS	Brookdale Santa Monica Gardens, 851 2nd St.(2nd & Idaho), SM	4th & Idaho: #9
BUNDY	SMC Bundy Campus, 3171 S. Bundy Dr. (Bundy & College Dr.), LA	Bundy & Airport: #14
CMD	SMC Center for Media and Design, 1660 Stewart St. (½ block N. of Olympic), SM	Stewart & Pennsylvania: #16 (wkdy), #43 (wkdy, no midday service)
CLOVER	Clover Park, 2600 Ocean Park Blvd. (Ocean Park & 25th), SM	Ocean Park & 25th: #8
DOUGLAS PARK	Douglas Park, 2439 Wilshire Blvd. (25th & Wilshire), SM	26th & Wilshire: #2, #43 (wkdy, no midday service)
EUCLID PARK	Euclid Park, 1525 Euclid St. (between Colorado & Broadway), SM	Colorado & 14th: #5 (wkdy), #41 (Mon-Fri only)
FST PRES	First Presbyterian Church, 1220 2nd St. (2nd & Wilshire), SM	Santa Monica & 3rd: #5 (wkdy), #8, #9 4th & Wilshire: #2, #3, Rapid #3 (wkdy, no midday service), and #9 Handicapped parking and bike racks are available on the street level of city parking structure #2. Additional metered handicapped parking entrance off 2nd Court alley.
1450 OCEAN	Camera Obscura Art Lab, 1450 Ocean Ave. (Ocean & Broadway), SM	Ocean & Broadway: #8
GOOSE EGG PARK	Goose Egg Park, 700 block of Palisades Ave. (1 block North of Montana), SM	4th & Montana: #9 Lincoln & Montana: #18
ITINERARY	Locations vary – instructor will inform class of the meeting places	
KEN EDWA	Ken Edwards Center/WISE Adult Day Services, 1527 Fourth St., SM (across the street from the Santa Monica Place near 4th & Broadway)	4th & Broadway: #2, #7, Rapid #7 (wkdy), #8, #9,
LEVIN CTR	Jewish Family Services, Israel Levin Center, 201 Ocean Front Walk, Venice (off of Speedway & Ozone)	Main & Rose: #1
LINCOLN	Lincoln Middle School, 1501 California Ave., Rm. 400 (15th & California), SM	14th & California: #41 (Mon-Fri only)
MALBU	SMC Malibu Campus, 23555 Civic Center Way, Malibu	Metro 134
MALIBU BLUFFS	Malibu Bluffs Park, Michael Landon Community Building, 24250 Pacific Coast Highway (PCH & Malibu Canyon Road), Malibu	Metro 534
MALIBU SR CTR	Malibu Senior Center, 23825 Stuart Ranch Road, Malibu	Metro 534
PAC	SMC Performing Arts Center, The Broad Stage & The Edye, 1310 11th St. (11th & Santa Monica), SM	Santa Monica & 11th: #1, Rapid #10 (wkdy, no midday service), #41 (Mon-Fri only)
REED PARK	Reed Park, 1133 7th St. (Lincoln & Wilshire), SM	Lincoln & Wilshire: #2, #18
SM LIB	Santa Monica Library Main Branch, 601 Santa Monica Blvd., SM	Santa Monica & 6th: #1, #5 (wkdy), #7, Rapid #7 (wkdy), Rapid #10 (wkdy, no midday service), #18
SMC	Santa Monica College Main Campus, 1900 Pico Blvd. (17th & Pico), SM	Pico & 18th: #7, Rapid #7 (wkdy), #41 (Mon-Fri only), #43 (wkdy, no midday service) 20th & Pearl: #16 (wkdy)
SM SYNG	The Santa Monica Synagogue, 1448 18th St. (18th & Broadway), SM	Santa Monica & 17th: #1, Rapid #10 (wkdy, no midday service)
St Monica	St. Monica Catholic Church, 725 California Ave. (Lincoln & California), SM	Lincoln & California Ave: #18 Wilshire & Lincoln: # 2
VA PK, VP CTR, VP PATIO, VP TERRY	Virginia Avenue Park, 2200 Virginia Ave. (Cloverfield & Pico), SM	Pico & Cloverfield: #7
WHCHC	West Hollywood Community Housing Corporation 7302 Santa Monica Blvd., WH (Santa Monica & Poinsettia)	Fuller & Santa Monica Metro 704
WISE	Ken Edwards Center/WISE & Healthy Aging Adult Day Services, 1527 4th St. (4th & Broadway), SM	Broadway & 4th: #1, #2, #7, Rapid #7 (wkdy), #8, #9, Rapid #10 (wkdy, no midday service), #18

**SMC AND EMERITUS TRANSPORTATION & PARKING:** Santa Monica College maps, transportation, and campus parking information are available online at [smc.edu/transportation](http://smc.edu/transportation). For detailed public transit information, contact: **Santa Monica Big Blue Bus**, 310-451-5444 or TDD 310-395-6024, web address [bigbluebus.com](http://bigbluebus.com); **Metro**, 323 GO-METRO, 323-466-3876, web address [metro.net](http://metro.net). If you have Downtown Santa Monica parking questions, call the SP+ Parking Operations office at 310-576-4743. Students attending class at the SMC Emeritus Campus (1227 2nd Street) may park in the City of Santa Monica parking structure #2, adjacent to Emeritus on 2nd St. between Arizona and Wilshire. The standard parking rate for parking structure #2 is: first 90 minutes free, other times and fees are as posted in the City of Santa Monica parking structure and are subject to change. If you are taking a class at any of the other SMC locations (i.e. Main SMC Campus in Structure #3, Bundy Campus, Malibu Campus, Center for Media and Design, or the SMC Performing Arts Center) you will need a valid virtual parking permit from SMC to avoid a citation. Please visit [smc.edu/parking](http://smc.edu/parking) to secure your virtual parking permit. Sign in with your SMC credentials and register your car. The permit is virtual and there is no printed document required.





## If you love Emeritus, imagine how much your friends and family would love other SMC programs.

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- Affordable World-Class Education



**Enroll in classes today! [smc.edu/apply](https://smc.edu/apply)**



## Explore a New Path

SMC offers FREE noncredit courses and certificate programs for adults 18 and over. Whether you are interested in learning new skills or ready to jumpstart a new career, noncredit courses and programs can help you reach your goals.

### Programs available:

#### BUSINESS

- Bicycle Maintenance
- Business Essentials
- Customer Service
- Receptionist

#### HEALTH AND WELLNESS

- Rehabilitation Therapy Aide
- Introduction to Working with Older Adults
- Certified Nurse Assistant Pre-Certification
- Home Health Aide Pre-Certification

#### EDUCATION

- Introduction to Early Care and Education

#### STEM

- Sustainability Assistant
- Sustainability in Organics Aide
- Sustainability Services Technician

#### TRANSITION TO CREDIT

- Transition to College and Career

#### ESL & CITIZENSHIP

- English as a Second Language (ESL)
- Citizenship



### For more information or to enroll in classes:

**[smc.edu/noncredit](https://smc.edu/noncredit)**

*Noncredit certificates are not applicable toward credit certificates or an Associate degree.*



## ADA ACCOMMODATIONS

SMC Emeritus students who require ADA (The Americans with Disabilities Act) accommodations in order to successfully participate in our unique noncredit older adult program — or to sign up for our specialized Pathfinders classes — should contact the SMC Center for Students with Disabilities. Santa Monica College makes every effort to make its campus fully accessible to students with disabilities. The SMC Center for Students with Disabilities offers guidance and counseling on admission requirements and procedures, as well as a number of special programs to help students with their academic, vocational, and career-planning goals. In addition, the Center offers specialized equipment, adaptive computer training, and test proctoring, among many other services and accommodations for students who are eligible.

To arrange for ADA accommodation, call the SMC Center for Students with Disabilities at **310-434-4265** or visit **smc.edu/dsps**.

## STATEMENT OF NONDISCRIMINATION

The Santa Monica Community College District is committed to building an inclusive and diverse environment and maintains a comprehensive program to ensure that practice reflects these principles. Diversity within the college environment provides opportunity to foster mutual awareness, knowledge, and sensitivity, to challenge ingrained stereotypes, and to promote mutual understanding and respect. The District's equal employment opportunity and nondiscrimination policies are set forth in Board Policies 2405, 2410, 3120-3123, 5220, 5230, and 5530. As set forth in these Board Policies, the District is committed to equal employment opportunity and nondiscrimination in the learning and work environments in accordance with all applicable laws, including, without limitation, California Code of Regulations, Title 5, § 59300 et seq., California Government Code §§ 11135-11139.5, the Sex Equity in Education Act (California Education Code § 66250 et seq.), Title VI of the Civil Rights Act of 1964 (42 U.S.C. § 2000d), Title IX of the Education Amendments of 1972 (20 U.S.C. § 1681), Section 504 of the Rehabilitation Act of 1973 (29 U.S.C. § 794), the Americans with Disabilities Act of 1990 (42 U.S.C. § 12100 et seq.), and the Age Discrimination Act (42 U.S.C. § 6101).

It is important for students, employees, and others associated with the College to report concerns about possible violations of the District's policies regarding equal employment opportunity and nondiscrimination. If you need information about the District's policies or need to report a violation of the laws listed above, you should contact:

- SMC Human Resources Office, 310-434-4415 or [hrcomplaints@smc.edu](mailto:hrcomplaints@smc.edu) (located on the second floor of the SMC Administration Building, 2714 Pico Blvd), regarding any complaint of unlawful discrimination, including sexual harassment and sexual discrimination; or
- Eric Oifer, ADA/504 Compliance Officer, 310-434-8912 or [oifer\\_eric@smc.edu](mailto:oifer_eric@smc.edu) (office located in Student Services Center S276) regarding disability discrimination complaints.

El Distrito de Santa Monica Community College tiene el compromiso de crear un ambiente inclusivo y diverso y de mantener un programa comprensivo para asegurarse de que la practica refleja estos principios. La diversidad entre el ambiente colegial provee oportunidad para fomentar el conocimiento, la erudición, y la sensibilidad mutual, luchar contra los estereotipos arraigados, y promover la comprensión y

respeto mutual. Las reglas del Distrito sobre igualdad de oportunidades del empleo y de nondiscriminación se disponen en las polisas 2405, 2410, 3120-3123, 5220, 5230 y 5530. El Distrito está comprometido a la igualdad de oportunidades y nondiscriminación en los ambientes de la educación y del trabajo en acuerdo con las leyes, incluyendo, sin la limitación, el Código de las Regulaciones de California Título 5, § 59300 y ss.; el Código de Gobierno de California §§ 11135-11139.5; la Ley sobre Equidad de Sexo en la Educación (Código de Educación de California § 66250 y ss.); el Título VI de la Ley de 1964 sobre Derechos Civiles (42 U.S.C. § 2000d); el Título IX de las Enmiendas de Educación de 1972 (20 U.S.C. § 1681), Artículo 504 de la Ley de 1973 sobre Rehabilitación (29 U.S.C. § 794); la Ley de 1990 sobre Americanos con Incapacidades (42 U.S.C. § 12100 y ss.); y la Ley sobre Discriminación por Edad (42 U.S.C. § 6101).

Es importante que los estudiantes, el personal y las demás personas relacionadas con el SMC reportan las inquietudes sobre posibles violaciones de las polisas relacionadas a la igualdad de oportunidades del empleo y de nondiscriminación. Si Ud. necesita información sobre las polisas del Distrito o tiene que reportar una violación de cualquier de estas leyes, debe ponerse en contacto con:

- La oficina de SMC Human Resources 310-434-4415 o [hrcomplaints@smc.edu](mailto:hrcomplaints@smc.edu) (ubicada en el segundo piso del Edificio Administrativo del SMC en 2714 Pico Blvd.) sobre cualquier reporte de discriminación, incluyendo el acoso sexual o discriminación sexual; o con
- Eric Oifer, ADA/504 Oficial de Conformidad 310-434-8912 o [oifer\\_eric@smc.edu](mailto:oifer_eric@smc.edu) (oficina ubicada en la Sala S276 del Centro de Servicios Estudiantiles (Student Services Center) sobre reportes de discriminación por discapacidad.

### THIS SCHEDULE IS PREPARED BY THE SANTA MONICA COLLEGE OFFICE OF MARKETING AND COMMUNICATIONS

Donald Girard, *Senior Director, Government Relations and Institutional Communications*

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Dr. Scott Silverman, Guadalupe Salgado, Vivian Rankin-Scales,

Stephanie Rick, Ashley Price, Jessica Riojas, and Dagmar Gorman.

## DONATIONS

**Help provide for activities, special performances, supplies, equipment, and more. Please make checks payable to "SMC Foundation" and write "Emeritus" in the memo line. Donations can be mailed with your Emeritus registration. Please allow additional time for donation acknowledgments during peak registration periods. Thank You.**



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# APPLICATION FORM

**YES! Count me in as a supporter!**

Check payable to: SMC FOUNDATION  
(write "Emeritus" in the memo line)

- \$1,000 and above      President's Circle
- \$500 to \$999
- \$250 to \$499      Club 250 starts at \$250
- \$100 to \$249

Please send me information about how I can provide for SMC and/or SMC Emeritus in my will or estate plan, including tax benefits and the SMC Foundation's Legacy Society.

PLEASE PRINT:

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Phone Number \_\_\_\_\_  
 Email \_\_\_\_\_

This donation should be listed as Anonymous.

MY DONATION OF \$ \_\_\_\_\_  
 TO SUPPORT EMERITUS IS ENCLOSED.

Emergency Contact \_\_\_\_\_  
 Emergency Telephone No. \_\_\_\_\_  
 Relationship to Student \_\_\_\_\_

**REQUIRED**

**\* WITHOUT YOUR SIGNATURE AND DATE WE CANNOT PROCESS YOUR FORM**

I certify that the statements made in this application are true and complete to the best of my knowledge. I understand that falsification, withholding pertinent data or failure to report changes in residence may result in my dismissal.

Signature: \_\_\_\_\_  
 Date: \_\_\_\_\_

Full Legal Last Name \_\_\_\_\_ Middle \_\_\_\_\_  
 Full Legal First Name \_\_\_\_\_  
 Legal Permanent Street Address \_\_\_\_\_ Apt. No. \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Mailing Address (if different from above). Include P.O. Box, City and Zip Code. \_\_\_\_\_  
 Area Code \_\_\_\_\_ Telephone Number \_\_\_\_\_ Birth Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_  
 Check One:  Male  Female

SMC/Emeritus Identification No. \_\_\_\_\_ Email (required for enrollment) \_\_\_\_\_  
 Email me information on SMC Emeritus, SMC Foundation, and SMC.  YES  NO

**YOU MUST ANSWER THE FOLLOWING QUESTIONS EACH TIME YOU REGISTER.**

Term: Summer  Fall  Winter  Spring  Have you enrolled in SMC or Emeritus Classes before? YES  NO

Have you resided in California for at least two years? YES  NO  If NO, since \_\_\_\_\_ and year \_\_\_\_\_

If NO, last legal resident address: \_\_\_\_\_

Have you been disqualified or dismissed from a college? YES  NO

If yes, enter college name: \_\_\_\_\_ and year \_\_\_\_\_

Section No.	Course Names	Time/Day	Section No.	Course Names	Time/Day

**WRITE ONE CODE NUMBER IN EACH BOX AT THE RIGHT: (The State requires this information for new students.)**

<b>Ethnic Background</b>	1. African American	3. White	6. South American	9. Cambodian	12. Japanese	15. Vietnamese	18. Hawaiian
	2. American Indian/Alaskan Native	4. Mexican/Chicano	7. Hispanic Other	10. Chinese	13. Korean	16. Asian Other	19. Samoan
	5. Central American	8. Asian Indian	11. Filipino	14. Laotian		17. Guamanian	20. Pacific Islander

**Citizenship**

1. United States	3. Temporary Resident	5. Student F1 or M1 Visa	7. Unknown
2. Permanent Resident	4. Refugee/Asylee	6. Other (specify below): _____	8. Foreign student taking online classes from home country.

If you selected No. 2,3,4,5, or 6, write in your Permanent Resident or Visa No.: \_\_\_\_\_ Issue Date: \_\_\_\_\_

**Enrollment Status**

1. First time college student.	3. Returning to SMC, last attended another college.	5. Continuing from a previous semester.
2. First time at SMC, attended another college.	4. Returning to SMC, last attended SMC.	6. Special admit, currently enrolled in K-12.

**Educational Level**

Year last attended school: \_\_\_\_\_  
 CERTIFICATE, DEGREE OR GRADUATED FROM:

0. Non-high school graduate	2. Adult Diploma	5. Received High School Proficiency Certificate
1. Advanced high school	3. High school graduate -- No college degree	6. Foreign Secondary School Diploma
	4. Passed GED test	7. Earned College Associate Degree
		8. Earned College Bachelor Degree or higher



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 Email: [emeritus@smc.edu](mailto:emeritus@smc.edu)  
 Website: [smc.edu/emeritus](http://smc.edu/emeritus)

### SMC EMERITUS STAFF

Dr. Scott Silverman, Dean, Noncredit and External Programs  
 Guadalupe Salgado, Associate Dean (Interim)  
 Vivian Rankin-Scales, Program Coordinator  
 Ashley Price, Administrative Assistant  
 Jessica Riojas, Student Services Clerk

### VOLUNTEERS

Mady Bergman, Denis Campbell, Andrea Roberts

### EMERITUS STUDENT ADVISORY COUNCIL

Student membership on the Associate Dean's Emeritus Student Advisory Council will be listed on the SMC Emeritus website at: [smc.edu/emeritus](http://smc.edu/emeritus)

### SMC BOARD OF TRUSTEES

Dr. Margaret Quiñones-Perez, Chair; Dr. Nancy Greenstein, Vice Chair;  
 Dr. Susan Aminoff; Dr. Tom Peters; Rob Rader; Dr. Sion Roy;  
 Barry Snell; Esmeralda Hernandez, Student Trustee;  
 Kathryn E. Jeffery, Ph.D., Superintendent/President

## SMC Emeritus Fall 2024 Schedule of Classes

### WHAT IS SMC EMERITUS?

SMC Emeritus, started in 1975, is a noncredit older adult program of Santa Monica College. SMC Emeritus serves more than 3,600 students annually and offers over 120 free classes of interest to older adults. All classes are held during the day at our home base on Second Street or at convenient locations throughout the community. The name Emeritus refers to people “retired with honor.” All older adults are welcome. For more information, call the SMC Emeritus office at 310-434-4306, visit our website at [smc.edu/emeritus](http://smc.edu/emeritus) or stop by our office at 1227 Second Street, Santa Monica.

### ¿ QUÉ ES SMC EMERITUS ?

SMC Emeritus, inaugurado en 1975, es un programa sin créditos que ofrece Santa Monica College para adultos mayores. SMC Emeritus atiende a más de 3,600 estudiantes anualmente y ofrece más de 120 clases gratuitas de interés a personas de la tercera edad. Todas las clases se llevan a cabo durante el día en nuestra sede en Second Street o en lugares accesibles en toda la comunidad. El nombre Emeritus se refiere a personas “jubiladas con honor.” Todos los adultos mayores son bienvenidos. Para más información, llame la oficina de SMC Emeritus al 310-434-4306, visite nuestro sitio web en [smc.edu/emeritus](http://smc.edu/emeritus), o acuda a nuestra oficina ubicada en 1227 Second Street, Santa Monica. Ofrecemos clases en español. Mire dentro de este catálogo para información.



## ANNUAL SMC EMERITUS STUDENT ART EXHIBITION

VISIT [SMC.EDU/EMERITUSGALLERY](http://SMC.EDU/EMERITUSGALLERY) TO VIEW THE EXHIBITION

### Front cover:

Linda Rosman, *Music Center with Dots*, photograph and digital rendering, 8 x 8 inches, 2024

### Back cover:

Darshini Aithal, *Serenity*, acrylic on canvas, 10 x 20 inches, 2023